

CURCUMA AERUGINOSA ROXB. EXTRACT INHIBITS THE PRODUCTION OF PROINFLAMMATORY CYTOKINES ON RAW 264.7 MACROPHAGES

IRENE PUSPA DEWI^{1,2}, DACHRIYANUS³, YUFRI ALDI⁴, NOR HADIANI ISMAIL⁵, DIRA HEFNI⁶, MERI SUSANTI⁷, SURYATI SYAFRI⁸, FATMA SRI WAHYUNI^{9*}

^{1,3,4,6,7,8,9} Faculty of Pharmacy, Universitas Andalas, Indonesia -25163, ²Akademi Farmasi Prayoga, Indonesia, 25111, ⁵Atta-ur-Rahman Institute for Natural Product Discovery, UiTM Puncak Alam Campus, Malaysia
*Corresponding author: Fatma Sri Wahyuni; Email: fatmasriwahyuni@phar.unand.ac.id

Received: 27 Sep 2023, Revised and Accepted: 23 Nov 2023

ABSTRACT

Objective: The study explores the potential of *Curcuma aeruginosa* Roxb. extract for anti-inflammatory properties.

Methods: *Curcuma aeruginosa* Roxb. simplicia was macerated with distilled ethanol. *In vitro* testing was done on Raw 264.7 macrophages to fulfill this aim by observing Tumor Necrosis Factor (TNF)- α , Interleukin (IL)-6 production and phagocytosis activity. The production of IL-6 and TNF- α were determined using the ELISA method while phagocytosis activity using the neutral red uptake method.

Results: The results showed that *Curcuma aeruginosa* Roxb. extract inhibited production of TNF- α and IL-6 and phagocytic activity and on Raw 264.7 macrophages.

Conclusion: The results demonstrated that *Curcuma aeruginosa* Roxb. extract could be developed as an anti-inflammatory, which can be improved as a novel pharmaceutical approach for treating inflammation-related illness.

Keywords: Anti-inflammatory, *Curcuma aeruginosa* Roxb., Immune response, LPS, Raw 264.7 macrophages

© 2024 The Authors. Published by Innovare Academic Sciences Pvt Ltd. This is an open access article under the CC BY license (<https://creativecommons.org/licenses/by/4.0/>) DOI: <https://dx.doi.org/10.22159/ijap.2024.v16s1.08> Journal homepage: <https://innovareacademics.in/journals/index.php/ijap>

INTRODUCTION

Inflammation is a biological response that maintains homeostasis in the body as a defense mechanism against various infections and injuries. Several cellular and molecular processes commonly occur during an inflammatory reaction. A prolonged and uncontrollable inflammatory response can disturb the regular balance between cellular and molecular responses [1] and lead to the severity of numerous diseases, for example, rheumatoid arthritis, asthma, type 2 diabetes, neurogenic disorders, and cancer [2-4].

The primary goal of anti-inflammatory medications is to reduce production of the proinflammatory mediator TNF- α and IL-6 and the inflammatory mediator prostaglandin E2 (PGE2) [5, 6]. Currently, NSAIDs are still widely used as an anti-inflammatory. Still, adverse effects such as gastrointestinal disturbances, kidney damage, increased cardiovascular risk, and liver disorders can occur if used in the long term [7]. Medicinal plants derived from nature still have opportunities to be developed as anti-inflammatories, which have lower side effects and better effectiveness [8, 9].

A typical murine macrophage cell line for studies on immunomodulation is known as Raw 264.7 macrophages [10]. Macrophages are differentiated blood monocyte cells and include cells of innate immunity, found mainly in tissues throughout the body. These cells are crucial to the inflammatory response [11]. Lipopolysaccharide is the most abundant element of the cell wall of gram-negative bacteria that can stimulate macrophage cells to produce inflammatory mediators and proinflammatory cytokines such as TNF- α , IL-6 and propagation of numerous immune responses [12, 13]. This cell is often used as a model in inflammation research [5, 14].

Thailand, Northern Australia, Papua New Guinea, Indonesia, and Malaysia are among the countries that use the ethnomedicinal herb *Curcuma aeruginosa* Roxb. Common names for *Curcuma aeruginosa* Roxb. include Temu Ireng in Indonesia and Pink and Blue Ginger in English [15], waan-maha-mek in Thailand, and Temu Hitam in Malaysia [16]. Traditional uses of *Curcuma aeruginosa* Roxb. include treating gastrointestinal disorders and acting as an antibacterial and anti-inflammatory agent in Indonesia [15]. However, scientific evidence for the bioactivity of this rhizome as an anti-inflammatory

is still limited. This research explores the potential of *Curcuma aeruginosa* Roxb. extract for anti-inflammatory properties.

MATERIALS AND METHODS

Materials

Raw 264.7 macrophages was provided by European Collection of Authenticated Cell Culture (ECACC), England; Trypsin-EDTA, Dulbecco's Modified Eagle Medium (DMEM), Fetal Bovine Serum (FBS), and Pen-Strep 2% (v/v) were provided by Gibco, New Zealand; Dimetil Sulfoxide (DMSO) was provided by Vivantis, Malaysia; Neutral Red, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT), ELISA kit for mouse TNF- α and IL-6 were provided by Sigma, Japan; Lipopolisakarida (LPS) and Phosphate Buffer Saline (PBS) were provided by Invitrogen, USA.

Methods

Preparation of extracts

Curcuma aeruginosa Roxb. rhizomes were obtained from Teluk Kabung, Bungus, West Sumatra, Indonesia. Dr. Nurainas, Herbarium Universitas Andalas, Indonesia, identified the collected samples (No: 479/K-ID/ANDA/X/2022). The collected specimens were cleaned and air-dried. The samples were made into powder by grinding. The samples were macerated with distilled ethanol for two days and filtered. The maceration process was repeated twice. All liquid extract was evaporated using a rotary evaporator (Buchi, Switzerland) to obtain sticky extract.

Cell viability assay

After being cultured in DMEM supplemented with 10% FBS and Pen-Strep 2% for 24 h, the cells (10^3 cells/well) were given samples of *Curcuma aeruginosa* Roxb. extract with concentrations of 0.1, 1, 10, and 100 μ g/ml for 48 h. After the medium was discarded, the cells were given 100 μ l of MTT solution for 4 h. 100 μ l of DMSO was added after removing the MTT solution. A microplate reader (Biorad, California) measured the solution's absorbance at 550 nm [17, 18].

Assays of IL-6 and TNF- α levels

After cultured in DMEM supplemented with 10% FBS and Pen-Strep

2%, the cells (10^4 cells/well) were given *Curcuma aeruginosa* Roxb. extract samples with 12.5, 25, and 50 $\mu\text{g/ml}$ concentrations and LPS (10 $\mu\text{g/ml}$). After being incubated for 24 h, the levels of IL-6 and TNF- α on the supernatant were determined using an ELISA kit [19].

Phagocytosis assays

After cultured in DMEM supplemented with 10% FBS and Pen-Strep 2%, the cells (10^4 cells/well) were given *Curcuma aeruginosa* Roxb. extract samples with 12.5, 25, and 50 $\mu\text{g/ml}$ concentrations and LPS (10 $\mu\text{g/ml}$). After being incubated for 24 h, the cells received 100 μl of neutral red liquid after two PBS washes. The solution was discarded, and after the cells were washed, ethanol and glacial acetic acid (1:1) were added and left for one hour. A microplate reader measured the solution's absorbance at 540 nm [19, 20].

RESULTS

Cell viability assay of *Curcuma aeruginosa* Roxb. extract on Raw 264.7 macrophage

Fig. 1 demonstrates the viability of cells after *Curcuma aeruginosa* Roxb. extract treatment at concentrations between 1–50 $\mu\text{g/ml}$ was more than 90%, meaning *Curcuma aeruginosa* Roxb. extract at this concentration is not toxic to the cells. However, the cells viability after treatment of *Curcuma aeruginosa* Roxb. at a concentration of 100 $\mu\text{g/ml}$ was less than 90%, which means *Curcuma aeruginosa* Roxb. extract at 100 $\mu\text{g/ml}$ was cytotoxic, so it was not used for further testing.

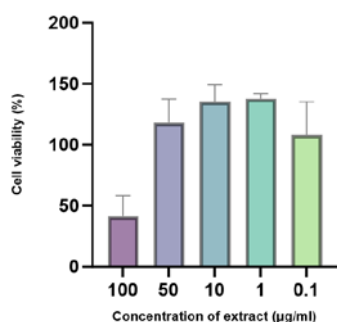


Fig. 1: Cell viability of Raw 264.7 macrophages. Data are expressed as the means \pm SD (n = 3). The error bar represents the standard deviation

Effect of *Curcuma aeruginosa* roxb. extract on secretion of IL-6 and TNF- α

Fig. 2 demonstrated that after being treated with LPS, there was a significant ($p < 0.01$) increase in IL-6 secretion up to 177.75 ± 60 pg/ml. After treatment of *Curcuma aeruginosa* Roxb extract. at a concentration of 12.5, 25, and 50 $\mu\text{g/ml}$, there was a significant decrease in IL-6 secretion compared to LPS ($p < 0.01$) up to 105.04 ± 12.2 , 70.9 ± 0.47 , and 57.48 ± 5.3 pg/ml.

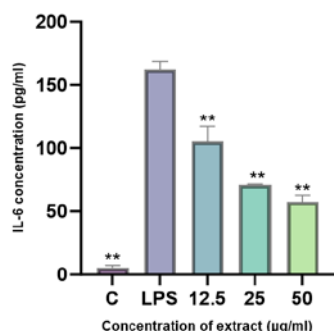


Fig. 2: Effect of *Curcuma aeruginosa* Roxb. extract on IL-6 secretion. Data are expressed as the means \pm SD (n = 3). The error bar represents the standard deviation. The difference between the treated and control groups was assessed for

statistical significance through the application of one-way ANOVA, followed by post hoc duncan analysis. ** $p < 0.01$ vs LPS

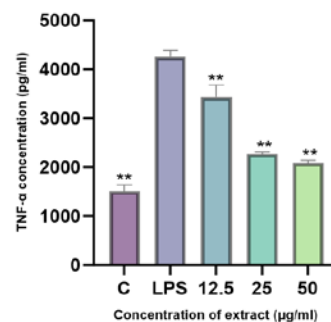


Fig. 3: Effect of *Curcuma aeruginosa* Roxb. extract on TNF- α secretion. Data are expressed as the means \pm SD (n = 3). The error bar represents the standard deviation. The difference between the treated and control groups was assessed for statistical significance through the application of one-way ANOVA, followed by post hoc duncan analysis. ** $p < 0.01$ vs LPS

Fig. 3 shows that TNF- α secretion caused by LPS induction was significantly restrained ($p < 0.01$) by the *Curcuma aeruginosa* Roxb. extract administration. After being induced with LPS, the cells increased TNF- α secretion by up to 4259.40 ± 130.65 pg/ml. After being given *Curcuma aeruginosa* Roxb extract at concentrations of 12.5, 25, and 50 $\mu\text{g/ml}$, TNF- α secretion decreased to 3437.27 ± 243.77 , 2271.70 ± 41.80 , and 2084.42 ± 60.00 pg/ml.

Effect of *Curcuma aeruginosa* Roxb. extract on secretion of phagocytic activity

Fig. 4 shows that after treatment with LPS, there was a significant ($p < 0.01$) increase in phagocytosis index compared to control cells. After being given *Curcuma aeruginosa* Roxb. extract, the phagocytosis index was significantly ($p < 0.05$) reduced compared to the LPS group.

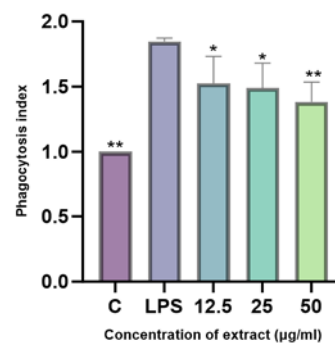


Fig. 4: Effect of *Curcuma aeruginosa* Roxb. extract on secretion of Phagocytic activity. Data are expressed as the means \pm SD (n = 3). The error bar represents the standard deviation. The difference between the treated and control groups was assessed for statistical significance through the application of one-way ANOVA, followed by post hoc Duncan analysis. * $p < 0.05$, ** $p < 0.01$ vs LPS

DISCUSSION

Cell viability assay of *Curcuma aeruginosa* roxb. extract on raw 264.7 macrophage

The cell viability of *Curcuma aeruginosa* Roxb. extract was determined using the MTT method. *Curcuma aeruginosa* Roxb. extract is not toxic to the cells up to a maximum concentration of 50 $\mu\text{g/ml}$. In contrast, *Curcuma aeruginosa* Roxb. extract could promote cell proliferation. However, at a 100 $\mu\text{g/ml}$ concentration, *Curcuma aeruginosa* Roxb. extract was toxic to the cells and was not used in future studies.

***Curcuma aeruginosa* roxb. extract inhibits the secretion of IL-6 and TNF- α**

Raw 264.7 macrophages is a cell line widely used in immunomodulatory research and can be stimulated by LPS [21]. When stimulated by LPS, Raw 264.7 macrophages secrete pro-inflammatory cytokines, namely TNF- α and IL-6, and secrete inflammatory factors, namely nitric oxide (NO) and Prostaglandins E2 (PGE2) [22]. TNF- α and IL-6 stimulate the acute phase of the immune system. They are the first cytokines released to respond to pathogens and affect multiple organs, such as increasing the release of corticotrophic hormone and inducing fever. As an inducer of inflammatory reactions, excessive amounts of TNF- α and IL-6 can react pathologically to diseases, including cancer, inflammatory bowel disease, psoriasis, rheumatoid arthritis, asthma, and other auto-immune diseases [23].

To determine the anti-inflammatory activity of *Curcuma aeruginosa* Roxb. extract, the levels of IL-6 and TNF- α produced by LPS-induced Raw 264.7 macrophages were measured using the ELISA method [24]. Fig. 2 and 3 show that *Curcuma aeruginosa* Roxb. extract inhibited IL-6 production by 67.7% and inhibited TNF- α production by 51.1% compared to LPS. It means that *Curcuma aeruginosa* Roxb. extract has strong anti-inflammatory properties. TNF- α is a potent inducer of IL-1, IL-2, and IL-6 [25]. Inhibiting the secretion of TNF- α by endotoxin-induced macrophage cells will also inhibit the secretion of IL-6. The inhibition of TNF- α and IL-6 production increases with the rising concentration of the given extract.

The anti-inflammatory properties of Curcuma species are attributed to the symmetric structure and position of substituents, as well as the number of methoxy groups. α - and β -unsaturated carbonyl groups and electron-withdrawing constituents also increase their reactivity [26]. One of the main ingredients of the Curcuma species, namely curcumin, is reported to have activity as a potent immunomodulator, antioxidant, anti-inflammatory, and antitumor. Sesquiterpenoids isolated from *Curcuma aeruginosa* Roxb., such as curcumenol, isocurcumenol, zedoarol, isofuranidene, furanodiene, zedoaronol, zedoalactone A, and zedoalactone B are thought to be the compounds responsible for its anti-inflammatory activity [16].

***Curcuma aeruginosa* roxb. extract inhibits the phagocytosis activity**

In the body's immune system, macrophages are differentiated from blood monocytes and play an essential role [27]. Macrophages are phagocytic cells that are found in numerous tissues [28]. These cells are the first to recognize foreign objects that enter the body and become active. These activated macrophages will initiate an immune response and kill foreign bodies directly by phagocytosis [27, 28]. As shown in fig. 4, the phagocytosis index decreased significantly after being treated with *Curcuma aeruginosa* Roxb. extract. It means *Curcuma aeruginosa* Roxb. extract inhibits the ability of Raw 264.7 macrophages to phagocytose foreign objects and reduce the inflammatory response.

In this study, we found that *Curcuma aeruginosa* Roxb. have the anti-inflammatory properties that inhibited the secretion of IL-6, TNF- α and phagocytosis ability of LPS-induced Raw 264.7 macrophages. Previous study mentioned that based on NO reduction in Raw 264.7 macrophages stimulated by LPS, *Curcuma aeruginosa* Roxb. exhibits potency as an anti-inflammatory drug [30]. These findings will add information regarding the anti-inflammatory properties of *Curcuma aeruginosa* Roxb. and could be a starting point for developing new anti-inflammatory drugs. However, a limitation of this study is that the mechanisms underlying its pharmacological characteristics and chemical components still need to be fully understood.

CONCLUSION

Curcuma aeruginosa Roxb. extract inhibited the production of IL-6, TNF- α , and phagocytosis ability of LPS-induced Raw 264.7 macrophages. This research suggests that *Curcuma aeruginosa* Roxb. extract can potentially prevent and suppress inflammatory disease. These finding could be a starting point for developing new anti-inflammatory drugs.

ACKNOWLEDGMENT

We thank to the Research and community service Institute, Universitas Andalas, through Basic Research Scheme of Professor Publication Research Cluster. We would like to thank Dr. Nurainas, who has identified the samples.

FUNDING

This Research was funded by Research and community service Institute, Universitas Andalas, through Basic Research Scheme of Professor Publication Research Cluster (PDU-KRP1GB-UNAND) Batch 1 2023 with contracts no T/6/UN16.19/KO-PDU-KRP1GB-UNand/2023.

AUTHORS CONTRIBUTIONS

Irene Puspa Dewi: Investigation, Project administration, Writing-original draft. Dachriyanus: Conceptualization, Project administration, Supervision. Fatma Sri Wahyuni and Nor Hadiani Ismail: Conceptualization, Supervision. Yufri Aldi: Supervision. Dira Hefni, Meri Susanti and Suryati Syafri: Investigation.

CONFLICT OF INTERESTS

Declared none

REFERENCES

1. Zhao Q, Zhu L, Wang S, Gao Y, Jin F. Molecular mechanism of the anti-inflammatory effects of plant essential oils: a systematic review. *J Ethnopharmacol.* 2023;301:115829. doi: 10.1016/j.jep.2022.115829, PMID 36252876.
2. Furst R, Zundorf I. Plant-derived anti-inflammatory compounds: hopes and disappointments regarding the translation of preclinical knowledge into clinical progress. *Mediators Inflamm.* 2014;2014:146832. doi: 10.1155/2014/146832, PMID 24987194.
3. Chen L, Deng H, Cui H, Fang J, Zuo Z, Deng J. Inflammatory responses and inflammation-associated diseases in organs. *Oncotarget.* 2018;9(6):7204-18. doi: 10.18632/oncotarget.23208, PMID 29467962.
4. Suzuki K. Chronic inflammation as an immunological abnormality and effectiveness of exercise. *Biomolecules.* 2019;9(6):3-7. doi: 10.3390/biom9060223, PMID 31181700.
5. Hu TY, Ju JM, Mo LH, Ma L, Hu WH, You RR. Anti-inflammation action of xanthenes from *Swertia chirayita* by regulating COX-2/NF- κ B/MAPKs/Akt signaling pathways in RAW 264.7 macrophage cells. *Phytomedicine.* 2019;55:214-21. doi: 10.1016/j.phymed.2018.08.001, PMID 30668431.
6. Nguyen TQC, Duy Binh T, Pham TLA, Nguyen YDH, Thi Xuan Trang D, Nguyen TT. Anti-inflammatory effects of *Lasia spinosa* leaf extract in lipopolysaccharide-induced raw 264.7 macrophages. *Int J Mol Sci.* 2020;21(10). doi: 10.3390/ijms21103439, PMID 32414062.
7. Harikrishnan H, Jantan I, Haque MA, Kumolosasi E. Anti-inflammatory effects of *Phyllanthus amarus* Schum. and Thonn. Through inhibition of NF- κ B, MAPK, and PI3K-Akt signaling pathways in LPS-induced human macrophages. *BMC Complement Altern Med.* 2018;18(1):224. doi: 10.1186/s12906-018-2289-3, PMID 30045725.
8. Tsai WH, Yang CC, Li PC, Chen WC, Chien CT. Therapeutic potential of traditional Chinese medicine on inflammatory diseases. *J Tradit Complement Med.* 2013;3(3):142-51. doi: 10.4103/2225-4110.114898, PMID 24716170.
9. Wahyuni FS, Israf Ali DA, Lajis NH, DD. Anti-inflammatory activity of isolated compounds from the stem bark of *Garcinia cowa* Roxb. *Pharmacogn J.* 2016;9(1):55-7. doi: 10.5530/pj.2017.1.10.
10. Seo J, Lee U, Seo S, Wibowo AE, Pongtuluran OB, Lee KJ. Anti-inflammatory and antioxidant activities of methanol extract of piper betle linn. (*Piper betle* L.) leaves and stems by inhibiting NF- κ B/MAPK/Nrf2 signaling pathways in RAW 264.7 macrophages. *Biomed Pharmacother.* 2022 Jun;155:113734. doi: 10.1016/j.biopha.2022.113734.

11. Haque MA, Jantan I, Harikrishnan H. Zerumbone suppresses the activation of inflammatory mediators in LPS-stimulated U937 macrophages through MyD88-dependent NF- κ B/MAPK/PI3K-Akt signaling pathways. *Int Immunopharmacol.* 2018 Jan;55:312-22. doi: 10.1016/j.intimp.2018.01.001, PMID 29310107.
12. Gregory JL, Morand EF, McKeown SJ, Ralph JA, Hall P, Yang YH. Macrophage migration inhibitory factor induces macrophage recruitment via CC chemokine ligand 2. *J Immunol.* 2006;177(11):8072-9. doi: 10.4049/jimmunol.177.11.8072, PMID 17114481.
13. Szliszka E, Kucharska AZ, Sokol Letowska A, Mertas A, Czuba ZP, Krol W. Chemical composition and anti-inflammatory effect of ethanolic extract of Brazilian green propolis on activated. *Evid Based Complement Alternat Med.* 2013;J774:1-13.
14. Li Q, Dong DD, Huang QP, Li J, Du YY, Li B. The anti-inflammatory effect of sonchus oleraceus aqueous extract on lipopolysaccharide stimulated RAW 264.7 cells and mice. *Pharm Biol.* 2017;55(1):799-809. doi: 10.1080/13880209.2017.1280514, PMID 28112016.
15. Sulfiandi A, Ningsih S, Agustini K. Chemoprevention effect of curcuma aeruginosa in DMBA-induced cytokines production. *Int Res J Pharm.* 2019;10(3):54-9. doi: 10.7897/2230-8407.100378.
16. Yuandani, Jantan I, Rohani AS, Sumantri IB. Immunomodulatory effects and mechanisms of curcuma species and their bioactive compounds: a review. *Front Pharmacol.* 2021;12:643119. doi: 10.3389/fphar.2021.643119, PMID 33995049.
17. Cheng XD, Wu QX, Zhao J, Su T, Lu YM, Zhang WN. Immunomodulatory effect of a polysaccharide fraction on RAW 264.7 macrophages extracted from the wild lactarius deliciosus. *Int J Biol Macromol.* 2019;128:732-9. doi: 10.1016/j.ijbiomac.2019.01.201, PMID 30710593.
18. Wen L, Huang L, Li Y, Feng Y, Zhang Z, Xu Z. New peptides with immunomodulatory activity identified from rice proteins through peptidomic and *in silico* analysis. *Food Chem.* 2021 Jun;364:130357. doi: 10.1016/j.foodchem.2021.130357, PMID 34174647.
19. Li H, Xie W, Sun H, Cao K, Yang X. Effect of the structural characterization of the fungal polysaccharides on their immunomodulatory activity. *Int J Biol Macromol.* 2020;164:3603-10. doi: 10.1016/j.ijbiomac.2020.08.189, PMID 32860795.
20. Wang Y, Tian Y, Shao J, Shu X, Jia J, Ren X. Macrophage immunomodulatory activity of the polysaccharide isolated from collybia radicata mushroom. *Int J Biol Macromol.* 2018;108:300-6. doi: 10.1016/j.ijbiomac.2017.12.025, PMID 29222012.
21. Wadsworth TL, Koop DR. Effects of the wine polyphenolics quercetin and resveratrol on pro-inflammatory cytokine expression in RAW 264.7 macrophages. *Biochem Pharmacol.* 1999;57(8):941-9. doi: 10.1016/s0006-2952(99)00002-7, PMID 10086329.
22. Wang Z, Jiang W, Zhang Z, Qian M, Du B. Nitidine chloride inhibits LPS-induced inflammatory cytokines production via MAPK and NF-kappaB pathway in RAW 264.7 cells. *J Ethnopharmacol.* 2012;144(1):145-50. doi: 10.1016/j.jep.2012.08.041, PMID 22971898.
23. Sozzani S, Abbracchio MP, Annese V, Danese S, De Pita O, De Sarro G. Chronic inflammatory diseases: do immunological patterns drive the choice of biotechnology drugs? A critical review. *Autoimmunity.* 2014;47(5):287-306. doi: 10.3109/08916934.2014.897333, PMID 24697663.
24. Dewi IP, Wahyuni F, Aldi Y, Dachriyanus. Garcinia cowa roxb. ethanol extract inhibits inflammation in lps-induced raw 264.7 macrophages. *Int J App Pharm* 2023;15(1):1-4. doi: 10.22159/ijap.2023.v15s1.01.
25. Kitaura H, Kimura K, Ishida M, Kohara H, Yoshimatsu M, Takano Yamamoto T. Immunological reaction in TNF- α -mediated osteoclast formation and bone resorption *in vitro* and *in vivo*. *Clin Dev Immunol.* 2013;2013:181849. doi: 10.1155/2013/181849, PMID 23762085.
26. Arshad L, Haque MA, Abbas Bukhari SN, Jantan I. An overview of structure-activity relationship studies of curcumin analogs as antioxidant and anti-inflammatory agents. *Future Med Chem.* 2017;9(6):605-26. doi: 10.4155/fmc-2016-0223, PMID 28394628.
27. Lee DY, Li H, Lim HJ, Lee HJ, Jeon R, Ryu JH. Anti-inflammatory activity of sulfur-containing compounds from garlic. *J Med Food.* 2012;15(11):992-9. doi: 10.1089/jmf.2012.2275, PMID 23057778.
28. Duque GA, Descoteaux A. Macrophage cytokines: involvement in immunity and infectious diseases. *Front Immunol.* 2014;5:1-12.
29. Han EH, Choi JH, Hwang YP, Park HJ, Choi CY, Chung YC. Immunostimulatory activity of aqueous extract isolated from prunella vulgaris. *Food Chem Toxicol.* 2009;47(1):62-9. doi: 10.1016/j.fct.2008.10.010, PMID 18983886.
30. Andrina S, Churiyah C, Nuralih N. Anti-inflammatory effect of ethanolic extract of curcuma aeruginosa roxb rhizome, morinda citrifolia fruit and apium graveolens leaf on lipopolysaccharide-induced RAW 264.7 cell lines. *IJCC.* 2015;6(3):84-8. doi: 10.14499/indonesianjcanchemoprev6iss3pp84-88.