

Review Article

A REVIEW ON LAWSONIA INERMIS: A POTENTIAL MEDICINAL PLANT

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ABSTRACT

Lawsonia inermis (Family: Lythraceae) contained carbohydrates, phenolic, flavonoids, saponins, proteins, alkaloids, terpenoids, quinones, coumarins, xanthenes, fat, resin and tannins. It also contained 2-hydroxy-1,4-naphthoquinone (lawsone). Many alkaloids, naphthoquinone derivatives, phenolics and flavonoids were isolated from different parts of *Lawsonia inermis*. The pharmacological studies showed that *Lawsonia inermis* showed antibacterial, antifungal, antiparasitic, molluscicidal, antioxidant, hepatoprotective, central nervous, analgesic, anti-inflammatory, antipyretic, wound and burn healing, immunomodulatory, antiurolithiatic, antidiabetic, hypolipidemic, antiulcer, antidiarrhoeal, diuretic, anticancer and many other pharmacological effects. The current review will highlight the chemical constituents and pharmacological effects of *Lawsonia inermis*.

Keywords: *Lawsonia inermis*, Constituents, Pharmacology, Napthoquinone, Lawsone

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INTRODUCTION

Until the 19th century, dyes produced from natural plants formed the basis of the cosmetic and food industries. Many plants in Iraq were used as natural dyes in addition to their traditional therapeutic uses, these included: *Achillea santolina* (Flowers: Yellow [1], *Althaea officinalis* and *Althaea rosea* (Flowers: pink, Reddish pink, White) [2], *Anchusa italica* and *Anchusa strigosa* (Flowers: Pink-violet) [3], *Anethum graveolens* (Flower: Yellow) [4], *Carthamus tinctorius* (Sepal of flower: Red, Yellow, Green) [5], *Chrozophora tinctoria* (Aboveground: Purple) [6], *Crocus sativus* (Stigmata of flower: Orange, Yellow) [7], *Cydonia oblonga* (Leaf: Brown) [8], *Euphorbia tinctoria* (Aboveground: Blue, Yellow) [9], *Glycyrrhiza glabra* (Leaf: Yellow) [10], *Gossypium herbaceum* and *Gossypium hirsutum* (Leaf: Yellow) [11], *Inula viscosa* (Aboveground: Yellow) [12], *Juglans regia* (Bark, Root, Leaf, Bark of fruit: Brown) [13], *Juniperus communis* (Leaf: Green) [14] and *Hibiscus sabbdariffa* (Petals: Yellow, Pink, Red) [15].

Lawsonia inermis Linn (Family: Lythraceae) which is commonly known as henna, mainly present in subtropical and tropical areas and is used in all over the world. It was used for over 9000 y for its cosmetic values as a dye. The phytochemical analysis of *Lawsonia inermis* revealed the presence of carbohydrates, phenolic, flavanoids, saponins, proteins, alkaloids, terpenoids, quinones, coumarins, xanthenes, fat, resin and tannins. It also contained 2-hydroxy-1,4-naphthoquinone (lawsone). Many alkaloids, naphthoquinone derivatives, phenolics and flavonoids were isolated from different parts of *Lawsonia inermis*. The pharmacological studies showed that *Lawsonia inermis* showed antibacterial, antifungal, antiparasitic, molluscicidal, antioxidant, hepatoprotective, central nervous, analgesic, anti-inflammatory, antipyretic, wound and burn healing, immunomodulatory, antiurolithiatic, antidiabetic, hypolipidemic, antiulcer, antidiarrhoeal, diuretic, anticancer and many other pharmacological effects. The current review will highlight the chemical constituents and pharmacological effects of *Lawsonia inermis*.

Plant profile

Synonyms

Alcanna spinosa, *Casearia multiflora*, *Lawsonia alba*, *Lawsonia speciosa*, *Lawsonia spinosa*, *Lawsonia* and *Rotanthea combretoides* [16].

Taxonomic classification

Kingdom: Plantae, Subkingdom: Viridiplantae, Infrakingdom: Streptophyta, Superdivision: Embryophyta, Division: Tracheophyta,

Subdivision: Spermatophytina, Class: Magnoliopsida, Superorder: Rosanae, Order: Myrtales, Family: Lythraceae, Genus: *Lawsonia*, Species: *Lawsonia inermis* [17].

Common names

Arabic: henna; Bengali: mendi, mehedi; English: Egyptian-privet, henna, Jamaica-mignonette, mignonette-tree; French: henné; German: Hennastrauch; Hindi: mehndi; Indonesian: inai, pakar kuku; Portuguese: hésia, hena, alfeneiro; Spanish: alcana, alheña; Swedish: henna; Vietnamese: nhuộm móng taylả môn [18].

Distribution

Lawsonia inermis is generally considered as a native of Africa and Asia. It was distributed in Africa: Egypt, Ethiopia, Somalia, Sudan, Zaire, Niger, Benin, Burkina Faso, Cote D'Ivoire, Gambia, Ghana, Guinea, Guinea-Bissau, Liberia, Mali, Nigeria, Senegal, Sierra Leone, Togo, South Africa, Comoros, Seychelles; Asia: India, Pakistan, Sri Lanka. It is widely cultivated in tropical regions of the world, North and East Africa, the Arabian Peninsula, the Southern areas of the Middle East, and South Asia [19].

Traditional uses

Leaves of *Lawsonia inermis* provide an important cosmetic dye. Henna leaves were extensively used for centuries in the Middle East, the Far East and Northern Africa as dye for nails, hands, hair and textile. Henna was also used in treating skin problems, headache, jaundice, amebiasis and enlargement of the spleen [20, 21].

Parts used medicinally

Whole plant, roots, fruits, stem, leaves, barks, inflorescence, rhizome, bulbs, latex, seeds, flowers and oil were used in different ailments [20].

Physiochemical characteristics

Physiochemical investigation of leaf showed that the total ash was (14.60 %), acid insoluble ash (4.50 %), water soluble ash (3.0 %), loss on drying (4.5 %), alcohol soluble extractive value (3.8 % w/w) and aqueous extractive value (5.0 % w/w) [22].

Chemical constituents

The preliminary phytochemical analysis of the aqueous extract of *Lawsonia inermis* revealed the presence of carbohydrates, phenolic compounds, flavonoids, saponins, proteins, alkaloids, terpenoids,

quinones, coumarins, xanthenes, 6% fat, 2-3% resin and 7-8% tannins [23-30].

Lawsonia inermis contained 2-hydroxy-1,4-naphthoquinone (lawsone). HPLC analysis showed that the extracts of *Lawsonia inermis* flowers, leaves and branches contained 116.9, 486.2 and 5.4 µg/g lawsone [31].

Polyphenols (equivalent to gallic acid), tannins (equivalent to catechin), flavonoids (equivalent to quercetin) and anthocyanins (equivalent to cyanidin) in the ethyl acetate extract were: 129.6±4.1, 477.9±12.9, 85.6±3.1 and 0.75±0.02; in petroleum ether extract were: 71.7±2.1, 315.6±11.2, 52.9±1.9 and 1.98±0.06; in ethanol extract were: 105.8±4.2, 58.1±1.7, 33.8±1.4 and 5.48±0.17 and in decoction were: 100.2±3.5, 31.3±0.8, 16.2±0.5 and 1.86±0.05 respectively [32].

Other naphthoquinone derivatives: 1,3-dihydroxy naphthalene, 1,4-naphthoquinone, 1,2-dihydroxy-4-glucosyl naphthalene and 1,2,4-trihydroxynaphthalene-2-O-β-D-glucopyranoside were also isolated from the leaves of *Lawsonia inermis* [28, 33, 34].

Many benzenoid derivatives, lawsoinermone, inermidioic acid, inermic acid, (E)-methyl 3-(4-hydroxyphenyl)acrylate, (E)-ethyl 3-(4-hydroxyphenyl)acrylate, caffeoyl alcohol, ethyl 2-methyl benzoate, benzene-1,2-dicarboxylic acid, monomethyl orthophthalate, methyl 2-ethylbenzoate, methyl 2-methyl benzoate, and ethyl 2-methyl benzoate were isolated from the aerial part of *Lawsonia inermis* [34]. Two alkaloids, harmine and harmaline were also isolated from the ethanol extract of *Lawsonia inermis* leaves [35]. Five triterpenes were isolated from the methanol extract of *Lawsonia inermis* leaves included rosamutin, euscaphic acid, 1b,2b,3b,19a-tetrahydroxyurs-12-en-28-oic acid, ursolic acid and arjunic acid. The first four compounds were ursane-type triterpenes while the fifth compound was an oleanane-type triterpene [36]. Non-terpenes derivatives were the main group of compounds in *Lawsonia inermis* essential oil, their percentage was 78% in Malaysian, 53% in Nigerian, 40% in Ethiopian and 19.8% in Tunisia samples [37-40]. Nine components were identified in the essential oil of leaves of *Lawsonia inermis* from Afar Region, Ethiopia included (%): linalool 4.23, α-terpineol 8.36, etherphenylvinyl 6.72, 1,3-indandione 6.60, eugenol 17.61, cis-hexahydro-8a-methyl-1,2H,8H]-naphthalenedione 5.60, oxirane-tetradecyl 6.20, hexadecanoic acid 15.07 and phytol 10.17 [37]. The total phenols of ethyl acetate fraction of ethanolic extracts of *Lawsonia inermis* leaves were 30.80±1.90 GAE/gm and the total flavonoids were 79.16±2.72 GAE/gm of dried extracts. The total phenols of petroleum ether fraction of ethanolic extracts of *Lawsonia inermis* leaves was 39.39±2.46 GAE/gm and the total flavonoids was 51.39±1.37GAE/gm of dried extracts. While, the total phenols of chloroform fraction of ethanolic extracts of *Lawsonia inermis* leaves was 58.40±1.96 GAE/gm and the total flavonoids were 35±1.74GAE/gm of dried extracts [40, 41]. The total phenolics amount in the hexane, chloroform and methanolic extracts of henna seeds were 3.5±1.4, 55.7±2.44 and 457.5±3.4 g gallic acid equivalent/Kg of dry mass respectively. The total flavonoids amount in the hexane, chloroform and methanolic extracts of henna seeds were 21.6±2.4, 120.7±3.9 and 199.9±2.1 mg quercetin equivalent/kg dry mass respectively. While, the total tannins amount in the hexane, chloroform and methanolic extracts of henna seeds were 50.0±4.5, 93.7±3.9 and 28.0±3.5 mg quercetin equivalent/kg dry mass respectively [42]. However, the calculated values for flavonoid and phenolic compounds were 94.19 mg/gr rutin equivalent and 126.38 mg/g gallic acid equivalent, respectively in the 80% ethanol extract of the aerial organs of *Lawsonia inermis* [43]. Phenolic compounds isolated from *Lawsonia inermis* were included: lawsoniaside (1,3,4-trihydroxynaphthalene 1,4-di-β-D-glucopyranoside), lalioside (2,3,4,6-tetrahydroxyacetoxo-2-β-D-glucopyranoside), lawsoniaside B (3-(4-O-a-D-glucopyranosyl-3,5-dimethoxy) phenyl-2E-propenol), syringinioside, daphneside, daphnorin, agrimonolide 6-O-β-D-glucopyranoside, (+)-syringaresinol O-β-D-glucopyranoside, (+)-pinoresinol di-O-β-D-glucopyranoside, syringaresinol, di-O-β-D-glucopyranoside and isoscutellarin [44, 45].

Flavonoids isolated from *Lawsonia inermis* were: apigenin, apigenin-7-glucoside, apigenin-4-glycoside, apigenin-4'-O-β-D-glucopyranoside,

luteolin, luteolin-7-glucoside, luteolin-3-glucoside, kampferol, quercetin, isoscutellarin, tricrin, kaempferin, isoquercitrin and (-)-catechin, 7-hydroxy-3,5-dimethoxy-6,8-dimethyl flavone, 3, 7, 4', 5'-Tetrahydroxy-6-methoxyflavone and 4'-hydroxyflavanone [46-49].

Tannin analysis of henna leaves powder showed that the tannin content, non tannin, total soluble, total solid was 11.12%, 22.64%, 33.76%, 36.72% respectively.

Coumarins, lacoumarin (5-allyloxy-7-hydroxycoumarin), carbonates A and B were isolated from whole *Lawsonia inermis* [50, 51].

The compounds identified in the hexane fraction of crude methanol extract of *Lawsonia inermis* leaves were phenol, eicosane, nonadecane, celidoniol, hexadecanoic acid, ethyl-9,12 octadecadienoate, 9,12,15-octadecatrienoic acid and 1,2 benzene dicarboxylic acid. While, the compounds identified in the ethyl acetate fraction of crude methanol extract of *Lawsonia inermis* leaves were benzoic acid, methyl ester; 2,3 dihydrobenzo furan; 2-methoxy 4 vinyl phenol; phthalic anhydride; 1-H indole-1,3 (2H)-dione; 1 (3H)-isobenzofuranone; 1,4 naphthalenedione, 1,2,3-benzenetriol; phenol,2 methoxy-4 (2 propenyl); naphthelene, 2 ethoxy; 2 (4H) benzofuranone; 1,2 benzene dicarboxylic acid; hexadecanoic acid; 9,12,15 octadecatrienoic acid; vitamin E and benzene, 1 isocyan 4 methyl. On the other hand 4H-pyran-4-one; 1,3-isobenzofurandione; 1(3H)-isobenzofuranone; n-hexadecanoic acid; 9,12-octadecadienoic acid ethyl ester; squalene and vitamin E were identified in the aqueous methanol fraction of Leaves of *Lawsonia inermis* [52].

In comparison of phytochemicals for Nigerian and Egyptian henna, it appeared that they contained (%) the following compounds respectively: dl-glyceraldehyde 4.83 and 4.14, 2-propanone, 1, 3-dihydroxy 3.43 and 3.04, 4H-pyran-4-one, 2, 3-dihydro-3, 5-dihydroxy-6-methyl-and 1.97, glycerane 1.92 and-, coumarane 2.90 and 6.89, 1, 2-benzenedicarboxylic acid 2.18 and-, 1, 3-indandione 4.16 and-, benzomide 2.09 and-, alpha-Guai-and 2.30, tetradecane 1.25 and-, 2-Acetyl benzoic acid 4.29 and 2.72, 3-methyl-5-propyl 3.87 and-, benzene dicarboxylic acid diethyl ester 2-(2-Isopropenyl cyclopentyl methoxy) 7.04 and-, tetrahydropyran-and 5.18, alpha-D-glucopyranoside, methyl, alpha-D-7.75 and-, benzene, (1-methyldecyl)-and 5.47, benzene(1-propylonyl)-and 3.82, benzene, (1-ethyldecyl)-and 7.67, octanal, 2-(phenylmethylene) 3.03 and-, benzene, (1-methylundecyl)-and 4.47, 1, 4-naphthoquinone, 3-hydroxy 9.87 and 7.40, benzene, (1-ethyldecyl)-and 2.94, 1, 4-naphthoquinone, 2-amino 19.35 and 4.64, hexanoic acid-and 8.57, 9, 12, 15-octadecatrien-1-ol-and 11.69 and di-n-octyl phthalate 22.03 and 17.09 [53]. However, analysis of *Lawsonia inermis* essential oil from Tunisia showed that apocarotenoids were the main group of constituents 33.6%, followed by the non-terpene derivatives 19.8%, oxygenated sesquiterpenes 12.4% and monoterpene hydrocarbons 9.8%, in addition to sesquiterpene hydrocarbons 8.2%, oxygenated monoterpenes 5.6%, oxygenated diterpenes 3.0% and diterpenehydrocarbons 1.6%. However the compounds identified in the essential oil and their percentage were: (E)-2-hexanal 0.2, tricyclene 3.0, sabinene 1.0, β-pinene 0.1, 6-methyl-5-hepten-2-one 0.1, myrcene 0.5, α-terpinene 0.4, p-cymene 0.4, limonene 1.0, (E)-β-cimene 0.2, γ-terpinene 1.0, p-cymene 0.3, terpinolene 0.6, linalool 1.2, N-nonanal 0.6, 1,3,8-p-menthatriene 0.1, cis-p-mentha-2,8-dien-1-ol 0.3, camphor 0.2, trans-verbenone 0.2, neroloxide 0.1, (E)-2-nonen-1-ol 0.2, terpinen-4-ol 0.3, safranal 0.3, N-decanal 0.3, trans-pulegol 1.0, trans-carveol 0.3, cis-pulegol 0.1, ascaridole 0.2, isobornylacetate 0.6, carvacrol 0.7, nerylacetate 1.6, α-copaene 0.1, longifolene 0.1, dodecanal 0.2, β-cariophyllene 0.9, cis-dictamol 0.2, α-guaiene 0.3, geranylacetone 13.4, γ-muuroleone 0.2, germacrene 0.6, (E)-β-ionene 2.9, cis-β-guaiene 0.5, α-muuroleone 1.5, (E)-α-farnesene 0.9, trans-γ-cadinene 1.2, δ-cadinene 1.5, β-thujaplicinol 3.3, α-cadinene 0.3, (E)-nerolidol 1.4, globulol 0.3, thujapsan-2-α-ol 1.1, cartol 0.4, guaiol 0.7, 5-epi-7-α-eudesmol 2.2, α-acorenol 0.7, β-acorenol 0.3, epi-α-cadinol 1.2, α-muurolool 0.2, α-cadinol 0.7, intermediol 0.2, N-tetradecanal 0.5, β-bisabolol 0.2, elemolacetate 0.5, α-bisabolol 0.2, hetadecane 0.4, (Z-E)-farnesol 0.1, (E-E)-farnesol 0.5, tetraoic acid 3.1, (Z-E)-farnesylacetate 0.2, khusinolacetate 0.4, cyclopentadecanolide 0.2, (E-E)-farnesylacetate 1.5, Hexahydro-farnesylacetone 11.5, farnesylacetone 5.5, methylhexadecatriene 1.3, phytol 2.0, hexadecanoic acid 8.3, manoyloxide 1.0, abietatriene 0.5 and abietadiene 1.0% [40]. A total of 72 components were identified

in volatile oil of six henna samples. The samples were differ in their contents, the main identified chemical groups were aliphatic compounds (9.0–64.7%), terpenoids (5.8–45.5%) and aromatics (7.9–45.2%), with alkanes (0.9–18.5%), aldehydes (2.1–18.8%) and carboxylic acids (3.1–29.3%), monoterpenes (3.4–30.0%) and sesquiterpenes (0.8–23.7%), and phenyl propanoids (0.6–43.1%). The major constituents of these groups were n-hexadecane (0.5–4.7%), (2E)-hexenal (0.5–11.7%), acetic acid (2.8–24.5%), limonene (0.8–14.7%), carvol (3.8–7.1%), geranyl acetone (1.4–7.9%) and (E)-caryophyllene (3.3–8.4%), and (E)-anethole (0.6–35.0%) [54].

Mineral analysis of 25 populations of *Lawsonia inermis*, collected from the coastal oases of Gabès in the South-East of Tunisia, showed that sodium content in leaves varied from 0.08 to 0.69%, while in stems, 0.08 to 0.46%. The potassium content varied from 0.16 to 0.47% in the leaves and 0.15 to 0.81% in the stems. The calcium content was 0.2 to 0.41% in the leaves and 0.11 to 0.47% in the stems. The magnesium content 0.09 to 0.23% in the leaves and 0.03 to 0.11% in the stems. The phosphorus content 2.57 to 6.29% in the leaves and 2.73 to 9.84% in the stems. The copper content 0.06 to 1.87% in the leaves and from traces to 11.27% in the stems. The zinc content in the leaves varied from 0.47 to 2.92% and in the stems from 0.2 to 7.39%. The iron content 4.03 to 28.77% in the leaves and 1.17 to 15.85% in the stems. The manganese content 0.27 to 1.28% in the leaves and 0.14 to 0.95% in the stems. The nitrogen matter content was varied from 0.14 to 4.72% in the leaves and from 0.17 to 0.56% in the stems [20].

Pharmacological effects

Antimicrobial effects

Different extracts of *Lawsonia inermis* leaves (ethanol, ethyl acetate and n-hexane) were evaluated for their antibacterial potential (1000 µg/ml) against Gram negative and Gram-positive bacterial strains (*Proteus mirabilis*, *Pseudomonas aeruginosa*, *Staphylococcus epidermidis* and *Enterococcus faecalis*) using disc diffusion assay method. All extracts possessed antibacterial activity against all the tested bacteria. Ethanol extract showed the highest antibacterial effects followed by ethyl acetate and n-hexane extracts [55].

Antibacterial activity of *Lawsonia inermis* was determined against six bacterial strains [*Escherichia coli* (MTCC No. 40), *Staphylococcus aureus*, *Bacillus subtilis* (MTCC No. 10619), *Salmonella typhi* (MTCC No. 3231), *Klebsiella* and *Pseudomonas aeruginosa* (MTCC No. 424)] by disc diffusion method. Crude ethanolic, hexane, ethyl acetate and aqueous methanol fraction possessed antibacterial activity against all the tested bacterial strains especially when used as 20 mg/disk [52]. The ethanol extract of *Lawsonia inermis* leaves exerted antibacterial effect against *Bacillus subtilis*, *Salmonella typhi*, *Sal. paratyphi*, *Pseudomonas aeruginosa*, and *Staphylococcus aureus*, the MIC values of the ethanol extract were 800, 1200, 1600, 4000, and 1200 µg/ml, respectively [56]. Antibacterial activity of *Lawsonia inermis* extracts was studied against *Salmonella typhi* (MTCC-733). Methanol extract showed highest inhibition zone (13.74±1.52 mm) at 20 mg/disc, followed by ethyl acetate fraction (12.5±1.32 mm) and hexane fraction (11.66±1.5 mm) at the same concentration. Quinone content of the extracts was responsible for antityphoid activity of *Lawsonia inermis* extracts [30]. The antibacterial activity of aqueous and alcoholic extracts of leaves of *Lawsonia inermis* was studied against *Staphylococcus aureus* and *Staphylococcus epidermidis* isolated from clinical cases of acne vulgaris. Alcoholic extracts showed more potent antibacterial effect than aqueous extracts against the tested bacteria, *Staphylococcus epidermidis* was more susceptible than *Staphylococcus aureus*. The biggest diameter of inhibition zone (22 mm) was recorded for 1000 µg/ml of aqueous extract against *Staphylococcus epidermidis*. The range of minimal inhibitory concentration (MIC) for all concentrations was 200-700 µg/ml [57]. The antibacterial effects of ethanol, petroleum ether and chloroform extracts of *Lawsonia inermis* leaves were investigated against Gram-positive: *Staphylococcus aureus*, *Bacillus cereus*, *Staphylococcus haemolytica*, *Bacillus subtilis*, *Bacillus megaterium*, *Sarcina lutea* and Gram-negative: *Escherichia coli*, *Klebsiella* sp., *Klebsiella pneumoniae*, *Pseudomonas aeruginosa*, *Salmonella typhi*, *Shigella dysenteriae*, *Shigella shinga*, *Shigella sonnei* and *Pseudomonas* sp. The zone of inhibition of ethanol extract of

Lawsonia inermis, ranged from 7.20 mm (against *Escherichia coli*) to 17.25 mm (against *Shigella dysenteriae*). The lowest (156.25 µg/ml) and highest (2500 µg/ml) MIC was observed against *Shigella dysenteriae* and *Escherichia coli*, respectively. The highest and lowest zone of inhibition of petroleum ether extract was 15.03 mm and 7.40 mm against *Shigella dysenteriae* and *Sarcina lutea* respectively. Chloroform extract showed antibacterial activity against *Staphylococcus aureus*, *Bacillus megaterium*, *Shigella shinga*, *Klebsiella pneumoniae* and *Pseudomonas aeruginosa*. The highest effect was recorded against *Klebsiella pneumoniae* (12.23 mm) and the lowest against *Staphylococcus aureus* (8.30 mm) [58]. The antimicrobial effect of water and chloroform extracts of the leaves of *Lawsonia inermis* (10-80 mg/ml) was investigated against the primary invaders of burn wounds (*Staphylococcus aureus*, *Streptococcus* sp, *Pseudomonas aeruginosa*, *Candida albicans*, *Fusarium oxysporum*, and *Aspergillus niger*) using *in vitro* agar incorporation method and well diffusion methods. Both leaves extracts inhibited the growth of *A. niger*, *F. oxysporum*, *Streptococcus* sp and *S. aureus* [59]. The ethyl acetate and butanolic fractions of *Lawsonia inermis* were prepared from a hydro-methanolic extract (70%) and their antibacterial effect was investigated against *P. aeruginosa* ATCC 27853 and six clinical isolates of *P. aeruginosa* obtained from different skin infections in diabetic patients. The results showed that the extracts possessed antibacterial properties against all the tested isolates. However the butanolic fractions showed the highest effect with MIC of 3.12-6.25 mg/ml the biofilm formation was decreased when incubated with the MIC of butanolic fraction, while, MIC of ethyl acetate extracts did not affect biofilm formation in all isolates of *P. aeruginosa* [60]. The antimicrobial activity of methanol, ethanol and aqueous dried *Lawsonia inermis* extract was studied against some human bacterial (*S. aureus*, *S. mutans*, *P. aeruginosa*) and fungal isolates (*A. niger*, *A. flavus* and *Fusarium*). Using disc diffusion and well diffusion method. The maximum antibacterial activity was possessed by methanol and ethanolic extracts against the tested bacteria and fungi [61]. The antimicrobial activities of *Lawsonia inermis* leaf extract and 2-hydroxy-1,4-naphthoquinone analogues were studied against many food-borne bacteria (*Bacillus cereus*, *Listeria monocytogenes*, *Salmonella enterica*, *Shigella sonnei*, *Staphylococcus epidermidis*, and *S. intermedius*). 2-Hydroxy-1,4-naphthoquinone showed strong activities against the tested bacteria, but it possessed no antibacterial activities against *S. typhimurium*. Hydroxyl (2-hydroxy-1,4-naphthoquinone and 5-hydroxy-1,4-naphthoquinone), methoxy (2-methoxy-1,4-naphthoquinone), and methyl (2-methyl-1,4-naphthoquinone, and 5-hydroxy-2-methyl-1,4-naphthoquinone) possessed potent activities, whereas bromo (2-bromo-1,4-naphthoquinone and 2,3-dibromo-1,4-naphthoquinone) and chloro (2,3-dichloro-1,4-naphthoquinone) exhibited no activity against the tested bacteria [62]. The chloroform, ethanol and water extracts (100, 200, 400 and 800 µg/ml) of the leaves of *Lawsonia inermis* were investigated for antibacterial activity against *Staphylococcus aureus*, *Bacillus subtilis*, *Escherichia coli* and *Proteus vulgaris* by cup-plate agar diffusion method. Based on MIC, chloroform and water extracts showed antibacterial activity against all the tested bacteria, while ethanol extract possessed no activity against *Staphylococcus aureus* and *Bacillus subtilis* [63]. The antibacterial effects of water, alcoholic and oily extracts of *Lawsonia inermis* leaves was investigated against *Staphylococcus aureus*, *Staphylococcus epidermidis* (Coagulase negative *Staphylococci*, CONS), β-hemolytic *Streptococci* and *Pseudomonas aeruginosa*. Alcoholic and oily extracts were more effective than the water extract. Alcoholic extracts showed the highest antibacterial activity with MIC of 0.125-0.150 µg/ml against β-hemolytic *Streptococci* and against CONS was 0.125-175 µg/ml. Oily extracts had MIC of 0.25-0.30 µg/ml against *Staphylococcus epidermidis* (CONS). Both alcoholic and oily extracts had the same MIC (0.5 µg/ml) on *Staphylococcus aureus*. Alcoholic extracts were also more effective on *Pseudomonas aeruginosa* with MIC of 0.5-0.57 µg/ml than oily extract (MIC of 0.20-0.28 µg/ml) [64]. In comparison with distilled water, ethanol, methanol, ethyl acetate and acetone extracts of *Lawsonia inermis* leaves showed larger diameter inhibition zone: 18, 19.83, 17.16, 16.33, 16.5 mm respectively, against *Pseudomonas aeruginosa*, *Pseudomonas oryzihabitata*, *Proteus varapilis*, *Klebsiella pneumoniae* and *Staphylococcus aureus*. The results also revealed that MIC of acetone extract of

Lawsonia inermis leaves was 6 mg/ml for *Pseudomonas eruginosa* and 7 mg/ml for *Pseudomonas oryzihabitata* and 11 mg/ml for *Proteus varaplis*, *Klebsiella pneumoniae* and *Staphylococcus aureus* [65]. Crude extracts of fresh and dry *Lawsonia inermis* leaves and seeds were investigated for antimicrobial activity against 3 standard bacterial strains (*Staphylococcus aureus*, *Escherichia coli* and *Pseudomonas aeruginosa*), in addition to *Candida albicans*. The fresh and dry leaves and seeds possessed antimicrobial effect against the bacterial strains and *C. albicans*. Dry leaves extract showed the highest effects against all the tested bacteria strains as well as against *C. albicans*. Leaves (fresh and dry) possessed antimicrobial activity higher than seeds (fresh and dry) [66]. The antimicrobial activity of the aqueous extract from leaves of *Lawsonia inermis* (130, 260, 390, 520, 650, 780 and 910 ppm) was studied against two Gram-positive and five Gram-negative bacteria (*Staphylococcus aureus*, *Bacillus subtilis*, *Klebsiella pneumoniae*, *E. coli*, *Pseudomonas aeruginosa*, *Proteus vulgaris*, *Yersinia enterocolitica*) and three fungal isolates (*Aspergillus niger*, *Aspergillus flavus*, and *Penicillium notatum*). Gram-positive bacteria were completely inhibited by henna at concentrations of 650 ppm and Gram-negative bacteria were inhibited by henna concentration between 780 to 910 ppm. Growths of all fungal isolates were inhibited by henna extract at a concentration of 1300 ppm [67]. The antibacterial activity of an aqueous extract of henna leaf was studied against 3 Gram-positive and 5 Gram-negative bacteria. Extract inhibited the growth of both Gram-positive and Gram-negative bacteria. The diameters of inhibition: *Bacillus cereus*: 20 mm, *B. anthracis*: 40 mm, *Escherichia coli*: 20 mm, *Proteus vulgaris*: 25 mm, *Staphylococcus aureus*: 15 mm, *Erwinia carotovora*: 20 mm, *Agrobacterium tumefaciens*: 30 mm and *Xanthomonas campestris*: 32 mm [68]. The antimicrobial activity of *Lawsonia inermis* leaves suspensions were studied against urinary clinical isolates (*E. coli*, *P. mirabilis*, *K. pneumoniae*, *P. aeruginosa* and *Staphylococcus aureus*). *Lawsonia inermis* leaves suspensions possessed definite antimicrobial activity [69]. The antibacterial effects of *Lawsonia inermis* leaves were studied against *Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumoniae*, *Proteus*, and *Pseudomonas aeruginosa*. Only the ethyl alcoholic extract showed antibacterial effects at concentration of 500 µg/ml onwards. Whereas, hexane and chloroform extracts did not possess antibacterial effects even at concentration of (1000 µg/ml) [70]. The antimicrobial effect of water, methanol and chloroform crude extracts of *Lawsonia inermis* leaf was studied against 6 human pathogenic fungi (*Epidermophyton floccosum*, *Mirosporium oudouinii*, *Trichophyton rubrum*, *Trichophyton concentricum*, *Trichophyton tonsurans* and *Candida albicans*) and 4 bacteria (*Staphylococcus aureus*, *Bacillus subtilis*, *Escherichia coli* and *Pseudomonas aeruginosa*). The water extract was more potent followed by methanol, while chloroform extract showed the least antimicrobial effect. The growth of all pathogens was inhibited to varying degrees by increasing the concentration of the extract [71]. The antibacterial activity of the crude ethanolic extract of *Lawsonia inermis* was studied against a wide array of different microorganisms including a laboratory standard bacterial strain of *Pseudomonas aeruginosa* (NCTC 10662) and eleven fresh clinical isolates of *P. aeruginosa*. The ethanolic extract of *Lawsonia inermis* possessed antibacterial activity against all isolates [72]. The antibacterial activity of extracts of leaves of *Lawsonia inermis* (100, 200 and 300 mg/ml) was studied against *Bacillus subtilis* and *E. coli*. The extracts (hexane, ethyl acetate, chloroform, acetone and acetonitrile) were effective against all strains. Ethyl acetate extract was more potent than tetracycline (25 µl/ml) while; chloroform produced inhibitory zone similar to that of tetracycline [73]. This antimicrobial effectiveness of *Lawsonia inermis* plant extract (alcoholic, aqueous and silver nanoparticles) was studied against the growth of different Gram-positive and Gram-negative bacteria at concentration of 80 mg/l. Alcoholic, hot and cold water extracts showed the highest antimicrobial effect on the growth of *S. aureus* (inhibition zone 26 mm) followed by the *P. aeruginosa* (22 mm) and *C. albicans* (17 mm), while silver nano-particles of the plant gave the highest inhibition area (30 mm) on the growth of the *S. aureus*, followed by the *P. aeruginosa* (26 mm), *Strep. pyogenes* (25 mm), and *C. albicans* (18 mm) [74]. The antibacterial effects of aqueous and alcoholic extracts of *Lawsonia inermis* leaves against *Streptococcus pyogenes* were investigated *in vitro* by using agar well diffusion method and *in*

vivo using laboratory mice by treating it with prepared ointment from these extracts compared with gentamicin. Alcoholic extracts possessed the highest antibacterial activity (inhibition zone 18.2-28.2 mm) in comparison with 26.2 mm for gentamicin. The recovery period was 11 d for an ointment prepared from alcoholic extract in a concentration of 5%, in compared with 10 d for gentamicin in experimentally infected skin of mice by *S. pyogenes* using scratching. Histologically, in *Lawsonia inermis* treated group there were increased well-organized bands of collagen, more fibroblasts and few inflammatory cells compared with the control [75]. The antibacterial activity of dichloromethane (DCM), ethyl acetate and ethanol of fruits, flowers and leaves of *Lawsonia inermis* was studied against some pathogenic bacteria. All the test extracts (except DCM extract of flower) revealed inhibitory effect against all the tested bacteria. The highest inhibitory effect was possessed by ethyl acetate extract of flower against *Staphylococcus aureus* and *Pseudomonas aeruginosa*, and ethyl acetate extract of fruit against *Escherichia coli* and *Bacillus subtilis*. The ethyl acetate and ethanol extracts of flower, fruit and leaf exerted inhibitory activity at 1 mg/100 µl against all the test bacteria [76]. The antimicrobial of the of aqueous and methanolic extracts (25µl from the extracts, 250 mg/ml crude extract) of *Lawsonia inermis* was studied against *Bacillus* species, *Staphylococcus aureus*, *Klebsiella pneumoniae*, *Proteus* species, *Escherichia coli*, *Pseudomonas aeruginosa*, *Candida albicans* and *Microsporium* species. The aqueous extract possessed antimicrobial effects against *Bacillus* species, *Staphylococcus aureus*, *Proteus* species and *Candida albicans* with MIC of 8, 11, 14, 15 mm respectively, while methanolic extracts was active against *Bacillus* species, *Staphylococcus aureus*, *Klebsiella pneumoniae*, *Proteus* species and *Candida albicans* with MIC of 15, 19, 11, 20, 14 mm respectively [77]. The antifungal effect of ethanolic extract of crude lawsonine was tested in comparison with listerine mouth wash in diabetics wearing dentures. Each subject was given distilled water at baseline and Colony Forming Units (CFU) of candidal species was determined. Post therapeutic samples were then collected 1hr and 1week following drug usage and they were further advised to use given mouthwashes twice daily with volume of 5 ml/rinse for 30 seconds and CFU was evaluated. Crude lawsonine mouthwash showed superior antifungal activity when compared to listerine mouthwash. Lawsonine was appeared more effective in reducing CFU, at 1 hr and 1 w of using the mouth wash (p<0.01). Subjective symptoms like taste and smell were determined by Chi-square test, good taste was felt for lawsonine and olfactory satisfaction was good with Listerine (p<0.01). Burning sensation was found to be more with listerine mouth wash [78]. The *Lawsonia* bark extracts possessed fungistatic against *Microsporium gypseum* and *Trichophyton mentagrophytes* at concentration of 1:30 (W/V), however, it became fungicidal at 1:10 (W/V) concentration. Furthermore, the extract showed broad fungi toxic spectrum when tested against 13 ringworm fungi. Fungitoxicity of the extract remained unaltered at high temperature, on autoclaving and after storage [79]. Anti-*Candida* activities of ethanol extracts of *Lawsonia inermis* leaf was studied versus nystatin and fluconazole. The MIC90 for *Lawsonia inermis* against *Candida albicans* was 0.1 µg/ml and against *Candida glabrata* was 0.05 µg/ml, while, the MIC90 value for nystatin for both species was 0.035 µg/ml, and MIC90 value for fluconazole for *C. albicans* was 0.5 µg/ml and for *C. glabrata* was 2 µg/ml [80]. *Lawsonia inermis* ethyl acetate extract completely inhibited the growth of *C. albicans*. It also exhibited dose-dependent inhibitory activity against two major virulent enzymes of *C. albicans*, proteases (27-33%) and phospholipases (44.5%). It also completely inhibited both the isoforms of constitutive candidal enzyme aspartate dehydrogenase and affecting amino acid biosynthesis [81]. The antifungal effect of *Lawsonia inermis* (vaginal creams of 2% or 4% of *Lawsonia inermis*) was studied in rats infected vaginally with *C. albicans*. Before the treatment, the mean colony forming units (CFU) was 213.6±10.08 and 334.42±20.32 in the 2% and 4% henna groups, respectively, one week after treatment, the mean CFUs were zero for all groups except for the 2% henna and zero in all groups, two weeks after the treatment (p<0.001) [82]. The antifungal activity of *Lawsonia inermis* was investigated against clinical dermatophytes species (70 clinical isolates) representing six different species; *Trichophyton rubrum*, *Trichophyton mentagrophytes*, *Microsporium canis*, *Trichophyton tonsurans*, *Epidermophyton floccosum* and

Trichophyton violaceum. The agar diffusion method showed high antifungal activity against all dermatophytes species (20 to 50 mm inhibition zone) [83]. *In vitro* antifungal effect of the chloroform, methanol and aqueous extracts of *Lawsonia inermis* were evaluated against four dermatophytic species (*Trichophyton mentagrophytes*, *Trichophyton rubrum*, *Microsporum gypseum* and *Microsporum fulvum*). MIC of 100 mg/ml of chloroform, methanol and aqueous extracts were 10-14, 13-17 and 19-26 mm, respectively [84]. The antifungal effect of lawsone and (ethanol, chloroform, ethyl acetate and diethyl ether extracts) of *Lawsonia inermis* were investigated against filamentous fungi. The results revealed that lawsone showed potent antifungal effect, its MIC against *Fusarium oxysporum* was 12 µg/ml and against *Aspergillus flavus* was 50 µg/ml. Among extracts, only the ethanol extract showed interesting MIC (230 µg/ml of crude extract) against *F. oxysporum* compared with other extracts [85]. The antifungal activities of the aqueous and ethanolic extracts of the leaves of *Lawsonia inermis* were investigated against different strains of *Candida albicans*. Compared with aqueous and ethanolic pomegranate peel and seed extracts, *Lawsonia inermis* leaves extracts showed a higher effect (20 mm) and the aqueous extracts of henna was more potent than ethanolic extracts [86].

Antiparasitic effects

The chloroform, ethanol and water extracts of the leaves of *Lawsonia inermis* (10, 20, 50 and 100 mg/ml) were investigated for anthelmintic effect using adult *Eicinia fetida*. *Lawsonia inermis* extracts produced paralytic effect much earlier and the time to death was shorter [63]. The anti-Strongyloides effect of *Lawsonia inermis* (stems 70% methanolic extract) was studied *in vitro*, larvae and free-living females were incubated with different concentrations of *Lawsonia* (1, 10, 100 mg/ml), for different incubation periods (24, 48, 72 and 96 h). *Lawsonia inermis* in a concentration of 10 mg/ml for 24 h affected the parasite cuticular surface in the form of transverse and longitudinal fissures and transverse depression in comparison to no cuticular change with flubendazole (100 mg/ml) [87]. The antimalarial activity of henna extract was studied *in vitro*. The antimalarial activity of petroleum ether extract was 27 mg/l and ethyl extract was 33 mg/l against both FcB1-Columbia and FcM29-Cameroon strains of *P. falciparum* [32]. A chemically characterized extract and its major constituent were investigated for *in vitro* antiparasitic activity on chloroquine-sensitive NF-54 strain. The ethyl acetate extract of leaves (IC₅₀ 9.00 ± 0.68 µg/ml) and fraxetin (IC₅₀ 19.21 ± 1.04 µM) were the most effective in *in vitro* assays and they were further selected for *in vivo* in *Plasmodium berghei* infected mice. The administration of the ethyl acetate extract of leaves and fraxetin to the infected mice resulted in significant (p < 0.05) suppression of parasitemia as evidenced by a 70.44 ± 2.58% to 78.77 ± 3.43% reduction. A two-fold increase in mean survival time, a significant (p < 0.05) reduction in lipid peroxidation and an elevation in glutathione, catalase, and superoxide dismutase were also observed in treated mice. The post-infection treatment also augmented the endogenous antioxidant enzymes compared with infected control [88]. The synergistic anti-leishmanial effect of *Peganum harmala* and *Lawsonia inermis* was studied using MTT assay. A significant (p < 0.01) inhibition of promastigotes of *L. tropica* was possessed by both extracts at low and moderate concentrations, the combined extracts revealed a synergistic inhibitory effect in comparison with each one [89]. Constituents of *Lawsonia inermis* showed antileishmanial (*Leishmania tropica*) effects. Luteolin was the most potent anti-leishmanial compound with an IC₅₀ value of 4.15 µg/ml [49]. The antileishmanial effect of *Lawsonia inermis* methanolic extracts (0.07, 0.15, 0.31, 0.62, 1.25, 2.5, 5, 10 mg/ml) was studied on *Leishmania major* promastigotes using the MTT assay. *Lawsonia inermis* methanolic extract inhibited the growth of promastigote forms of *L. major* *in vitro* after 72 h of incubation and showed IC₅₀ of 1.25 mg/ml [90]. The *in vitro* antileishmanial activity of the hydroalcoholic extract of *Lawsonia inermis* was tested on the growth of the promastigotes of *Leishmania major*. The results showed that *Lawsonia inermis* extracts reduced the promastigotes number significantly (p < 0.01) [91]. The 90% ethanolic extract of *Lawsonia inermis* leaves was investigated for anticoccidial effects against caecal coccidiosis in broilers. *Lawsonia inermis* leaves extract at a dose of 300 ppm as feed supplement showed good anticoccidial effects, it significantly reduced the lesions and mortality as

compared with salinomycin [92]. The antitrypanosomal activity of *Lawsonia inermis* leaves was investigated *in vitro* and *in vivo*. The crude methanolic extract of *Lawsonia inermis* leaves had *in vitro* activity against *Trypanosoma brucei* at concentration of 8.3 mg/ml while *in vivo* study revealed that the methanolic extract of *Lawsonia inermis* leaves ameliorated the disease condition but did not affect the level of parasitaemia and pack cell volume [93]. The ameliorative effect of methanol leaf extract of *Lawsonia inermis* (125, 250 and 500 mg/kg, orally) was studied in rats infected intraperitoneally with 106 *Trypanosoma congolense* per ml of blood. The extract significantly (p < 0.05) reduced levels of parasitaemia at 250 mg/kg, increased PCV (p > 0.05) and significantly decreased EOF and MDA. The authors concluded that, in addition to an antitrypanosomal effect of *Lawsonia inermis* against *T. congolense* in rats, it attenuated the trypanosomosis pathology probably via protection of the erythrocyte membrane against trypanosome-induced oxidative damage to the erythrocytes [94]. The lousicidal activity of synthesized Ag NPs was studied against human head louse, *Pediculus humanus capitis* De Geer (Phthiraptera: Pediculidae), and sheep body louse, *Bovicola ovis* Schrank (Phthiraptera: Trichodectidae). The average percent mortality for synthesized Ag NPs was 33, 84, 91, and 100 at 10, 15, 20, and 35 min, respectively against *B. ovis*. The maximum activity was observed in the aqueous leaf extract of *Lawsonia inermis*, 1 mmol AgNO₃ solution, and synthesized Ag NPs against *P. humanus capitis*. The findings revealed that Ag NPs possessed the highest anti-lousicidal activity [95]. The larvicidal activity of *Lawsonia inermis* (4, 40, 400 and 4000 ppm) was studied against, the malaria vector, *Anopheles stephensi*. The highest toxic effect of *Lawsonia inermis* was found at 4000 ppm and the lowest at 4 ppm against larval stages I and II. The same result was found against larval stages III and IV. The LC₅₀ and LC₉₀ were 413.8, 3366.3, 696.9 and 3927.7 ppm respectively against larval stages I, II, III and IV stages [96]. The larvicidal effects of the methanolic extracts of 11 medicinal plants were investigated against malaria vector, *Anopheles stephensi*. The methanolic extract of aerial parts of *Lawsonia inermis* showed high larvicidal activity with LC₅₀ value of 69.40 ppm [97].

Molluscicidal effects

Molluscicidal activity of Leaf, bark and seed of *Lawsonia inermis* was tested against *Lymnaea acuminata* and *Indoplanorbis exustus*. Seed powder was more toxic than leaf and bark against *I. exustus*. Binary combinations of henna seed with *Cedrus deodara* and *Azadirachta indica* oil, powdered *Allium sativum*, or *Zingiber officinale* rhizome oleoresin revealed more toxicity to snails *L. acuminata* and *I. exustus* than their single treatment. The combination with neem oil was also more toxic than their individual components and other combinations [98].

Antioxidant activity

Antioxidant activity of *Lawsonia inermis* extracts was studied using DPPH and ABTS. The ethyl acetate extract showed an IC₅₀ of 29.5 ± 0.8 mg/l in DPPH radical scavenging assay and IC₅₀ of 8.6 ± 0.2 mg/l in ABTS radical scavenging assay. The ethanol extract exhibited an IC₅₀ of 14.1 ± 0.5 mg/l in DPPH and IC₅₀ of 6.9 ± 0.1 mg/l in ABTS radical scavenging assay. Petroleum ether extract was the less antioxidant extract. The decoction was the most antioxidant extract with IC₅₀ of 13.0 ± 0.6 mg/l in DPPH and IC₅₀ of 16.8 ± 0.7 mg/l in ABTS radical scavenging assay [32]. The antiradical and DNA protective activity of water extract of *Lawsonia inermis* leaves were investigated *in vitro*. The extract quenched DPPH and ABTS cation radicals with IC₅₀ value of 352.77 µg/ml and 380.87 µg/ml respectively. It demonstrated hydroxyl radical scavenging potential of 59.75 % at highest dose (1000 µg/ml) in deoxyribose degradation assay. The results of FRAP assay showed that the extract also possessed significant reducing activity. Extract inhibited hydroxyl radical-induced pBR322 plasmid DNA strand scission, thus conferring DNA protection [99]. The crude extract, 50% methanol, petroleum ether and ethyl acetate fractions of *Lawsonia inermis* leaves were investigated for antioxidant activity and their ability to counteract amyloid-β42 (Aβ42) aggregation. A new compound with powerful antioxidant and anti-Aβ42 aggregation properties was characterized as 1,2,4-trihydroxynaphthalene-2-O-β-D-glucopyranoside (THING) [33]. The antioxidant activity of the

methanolic extract of leaf of *Lawsonia inermis* was studied by DPPH free radical scavenging assay. *Lawsonia inermis* showed antioxidant activity ($IC_{50} = 17.0689 \mu\text{g/ml}$) [100]. The antioxidant effect of hexane, chloroform and methanolic extracts of henna seeds was studied using DPPH and ABTS assay. Methanolic extract showed the higher antioxidant capacity ($IC_{50} = 4.6 \text{ mg/l}$ by DPPH assay and $IC_{50} = 3 \text{ mg/l}$ by ABTS assay). Chloroform and hexane extracts showed no antioxidant activity ($IC_{50} > 100 \text{ mg/l}$) [42]. The ethanolic extracts of *Lawsonia inermis* leaves showed significant scavenging of DPPH free radicals. Maximum scavenging of $79.16 \pm 0.98\%$ was observed by petroleum ether fraction which was comparable to that of ascorbic acid ($78.07.3 \pm 1.2\%$), followed by ethyl acetate fraction (73.77 ± 0.97) and chloroform fraction ($72.61 \pm 0.98\%$), respectively. The total antioxidant capacity was increased with the increasing concentration of samples [101]. The antioxidant activity of the henna seeds extracts was determined by phosphor-molybdenum method, DPPH radical scavenging assay, reducing power assay and lipid peroxidation inhibition assay. Ethanol extract, (compared with other extracts: petroleum ether, dichloromethane, and aqueous extracts) showed greater antioxidant activity in all the assays. The activity of the aqueous extract was lesser when compared with that of ethanol extract but greater than petroleum ether and dichloromethane. The amount of phenolics was greater in ethanol (141.65 ± 0.29) and aqueous (51.46 ± 0.44) compared with dichloromethane (4.60 ± 0.03) and petroleum ether extracts (3.72 ± 0.23) mg Gallic acid equivalent/g extract [102].

Hepatoprotective activity

The *in vitro* antioxidant and *in vivo* hepatoprotective potential of butanolic fraction of *Lawsonia inermis* leaves (100, 200 and 400 mg/kg bw) was studied against 2-acetylaminofluorene (2-AAF) induced hepatic damage in male Wistar rats. Butanolic fraction effectively scavenged hydroxyl radicals in deoxyribose degradation assay ($IC_{50} 149.12 \mu\text{g/ml}$). It also inhibited lipid peroxidation and caused appreciable reducing potential in FRAP assay. Different concentration of butanolic fraction showed pronounced hepatoprotective effects via decreasing levels of SGOT, SGPT, ALP and lipid peroxidation altered by 2-AAF treatment. It also restored the normal liver architecture as evident from hepatoprotective effect [103]. The hepatoprotective effect of the methanolic extract of *Lawsonia inermis* leaves (100 and 200 mg/kg) was investigated in carbon tetrachloride-induced hepatotoxicity in rats. The doses of the plant extract showed dose-dependent hepatoprotective effect, as evident by the significant reduction ($p < 0.05$) in serum levels of AST, ALT, ALP, and bilirubin along with the improvement in histopathological liver sections compared to CCl_4 -treated animals [104]. The hepatoprotective efficacy of lawsone, the major bioactive naphthoquinone present in *Lawsonia inermis* was studied in RIF-INH exposed HepG2 cells, and RIF-INH induced hepatotoxicity in Wistar rats. Administration of RIF-INH reduced the viability of the HepG2 cells and the treatment with lawsone significantly restored the viability of the cells even at lower concentration ($7.5 \mu\text{M}$), the leakage of transaminases and MDA levels were also significantly reduced by the treatment with lawsone. Treatment with lawsone to the RIF-INH administered animals significantly lowered the serum transaminases and bilirubin, levels and improved the ratio of albumin to globulin [105]. The hepatoprotective activity of the ethanolic extract of the dried leaves of *Lawsonia inermis* and its crude fractions (petroleum ether, ethyl acetate, butanol and butanone fractions) was evaluated using CCl_4 induced hepatotoxicity in mice. The ethanolic extract and its fractions reduced the SGOT, SGPT, SAL activities, total bilirubin content and liver weight compared to control [106]. The hepatoprotective activity of ethanolic extracts of various fractions (ethyl acetate, petroleum ether and chloroform) of *Lawsonia inermis* leaves was investigated in CCl_4 -induced hepatitis rats. The extracts at the doses of 200 mg/kg orally significantly ($p < 0.05$) reduced the elevated levels of serum bilirubin, SGPT, SGOT and SALP compared to the CCl_4 -treated group [101]. The hepatoprotective activity of an ethanol-water (1:1) extract of *Lawsonia alba* was studied in CCl_4 -induced liver hepatotoxicity. The results of the effects of the extract on hexobarbitone-induced sleep, BSP clearance, and on certain biochemical parameters indicated its protective role [107]. The antioxidant and hepatoprotective properties of different fractions

obtained from the fruits of *Lawsonia inermis* were investigated against carbon tetrachloride (CCl_4)-induced oxidative stress in rat liver. Several fractions obtained from *Lawsonia inermis* fruits possessed important antioxidant activity. Ethyl acetate fraction showed the highest antioxidant activity. Pretreatment of rats with ethyl acetate fraction of fruits of *Lawsonia inermis* at a dose of 250 mg/kg bw and gallic acid significantly lowered some serum alanine aminotransferase, aspartate aminotransferase, alkaline phosphatase, and lactate dehydrogenase. Ethyl acetate fraction and gallic acid also caused significant reduction in the hepatic thiobarbituric acid reactive substances and increased antioxidant enzymes (superoxide dismutase, catalase, and glutathione peroxidase) in liver from oxidative stress induced by CCl_4 [108].

Central nervous effects

The psychopharmacological activity of methanolic extract of *Lawsonia inermis* (50, 100 and 200 mg/kg) was studied in albino mice using staircase test. The methanolic extract of *Lawsonia inermis* at 100 mg/kg drastically augmented the number of steps up in the Staircase with peak activity procured at the dosage of 100 mg/kg (37.8 ± 4.2 seconds) compared to control (6.3 ± 2.2 seconds). The extract at dosage of 100 mg/kg notably accelerated the number of steps up with peak effect at the dosage of 100 mg/kg (37.8 ± 4.2 seconds) compared to control (6.3 ± 2.2 seconds) [109].

The methanolic extract of *Lawsonia inermis* was tested for anxiolytic potential using white dark box model in mice. The extract at a dose of 100 mg/kg ip, exhibited a significant increase in time spent in light area with respect to control animals. The reduction in anxiety behavior, also demonstrated by significant increase in number of entries in the light compartment relative to the dark compartment of the testing apparatus [110]. The effect of acute and chronic administration of aqueous extract of *Lawsonia inermis* leaves (100, 200 and 400 mg/kg) was investigated on haloperidol (1 mg/kg, ip) induced catalepsy in albino mice as an animal model for Parkinson's disease (PD). Extract caused significant reduction in the cataleptic scores and increase in SOD activity, the maximum reduction was observed in chronic administration of a dose of 400 mg/kg bw [24].

The acetone fraction of petroleum ether extract of *Lawsonia inermis* exhibited prominent nootropic activity, potentiated clonidine induced hypothermia and decreased lithium-induced head twitches. However, the haloperidol-induced catalepsy was not modified [111].

The crude ethanolic extract of *Lawsonia inermis* (0.25-2.0 g/kg) significantly increased pentobarbitone-induced sleeping time in rats. A pure compound was isolated from the chloroform extract (2-hydroxy-1,4-naphthoquinone, lawsone), it potentiated significantly the pentobarbitone-induced sleeping time [112].

The chloroform, ethanol and water extracts of the leaves of *Lawsonia inermis* (20 mg/kg, bw) were investigated for anticonvulsant activity using electroshock method in mice. Chloroform and ethanol extracts exhibited anticonvulsant activity but more significant activity was recorded for the chloroform extract [63].

In studying the anti-cholinesterase activity of hexane, chloroform and methanolic extracts of henna seeds, the methanol extract inhibited a potent anticholinesterase activity ($IC_{50} = 66.6 \text{ mg/l}$), while, chloroform and hexane extract eerted no anti-cholinesterase activity ($IC_{50} > 100 \text{ mg/l}$) [42].

Anti-inflammatory, analgesic and antipyretic effects

The anti-inflammatory effect of methanolic extracts of *Lawsonia inermis* was determined using acetic acid-induced writhing test in mice. The methanolic leaves extract significantly reduced the chemically induced nociceptive pain stimuli ($p < 0.01$) [113].

In the investigation of anti-inflammatory effects (anti-5-LOX) of hexane, chloroform and methanolic extracts of henna seeds, it appeared that the anti-inflammatory activity of the methanolic extract was superior to that of all tested extracts, with IC_{50} value of $51 \pm 0.23 \text{ mg/l}$. Chloroform and hexane extracts were inactive as anti-inflammatory extracts ($IC_{50} > 100 \text{ mg/l}$) [42].

The aqueous leaves extracts (50, 100, 250, 500, 1000, 2000 µg/ml) were tested for antiarthritic potential by evaluation of the percentage inhibition of protein denaturation and membrane lysis method. The aqueous extract of *Lawsonia inermis* revealed antiarthritic activity in a dose dependent manner, its effect was comparable that of diclofenac sodium statistically [114].

The analgesic and anti-inflammatory effects of the mixture of *Lawsonia inermis* leaves with aqueous extract of *Ricinus communis* leaves was studied in rats with induced knee osteoarthritis. The knee osteoarthritis was induced by intra-articular injection of mono sodium iodoacetate. The mixture of extracts significantly reduced the knee joint width and volume of the injected paws and also improved foot prints in gait analysis after 3 d of injection. Analysis of mechanical allodynia after 21 d, hotplate latency test after 10 d, spontaneous movements after 7 d and in mechanical allodynia after 14 d, showed significant analgesic effects compared to the vehicle group. The formulation also made significant therapeutic histopathological changes on the knee of the rats [115].

The crude ethanolic extract of *Lawsonia inermis* (0.25-2.0 g/kg) produced significant and dose-dependent anti-inflammatory, analgesic, and antipyretic effects in rats. The butanol and chloroform fractions showed more potent anti-inflammatory, analgesic, and antipyretic effects than the crude extracts, the butanolic extract (500 mg/kg) was the most effective in the analgesic test. A pure compound was isolated from the chloroform extract (2-hydroxy-1,4-naphthaquinone, lawsone) which possessed significant anti-inflammatory, analgesic, and antipyretic activity. The anti-inflammatory effect of lawsone (500 mg/kg) was not significantly different from that of the reference drug, phenylbutazone (100 mg/kg) [112].

The analgesic activity of methanol, petroleum ether and ethyl acetate extracts of *Lawsonia inermis* leaves (250 and 500 mg/kg, ip) was evaluated by hot-plate and acetic acid-induced writhing methods in mice. All the extract displayed significant analgesic effect ($p < 0.05-0.001$) in acetic acid and heat-induced pain models in a dose-dependent manner [116].

The synergistic analgesic activities of chloroform extracts of leaves and roots tubers of *Lawsonia inermis* and *Chlorophytum borivilianum* was studied in mice using tail immersion and hot plate methods. The results showed that the chloroform extract of both plants significantly produced analgesic activity at the dose level of 200 mg/kg bw, and the combination of both extracts showed more analgesic activity as compare to each one [117].

The ethanol extract of the leaf of *Lawsonia inermis* was examined for analgesic properties using acetic acid-induced writhing in mice. The ethanol extract at a dose of 500 mg/kg exhibited no significant ($p < 0.3$) inhibition of writhing reflex (28.45 % inhibition) while the inhibition of diclofenac sodium was 82.7 % at a dose of 25 mg/kg bw [118].

Decubitus ulcers preventing effect and wound and burn healing

The wound healing activity of the ethanol extract of *Lawsonia inermis* (200 mg/kg/day) was studied in rats using excision, incision and dead space wound models. The extract treated animals showed a high rate of wound contraction ($p < 0.001$), a decrease in the period of epithelialization ($p < 0.001$), high skin breaking strength ($p < 0.001$), significant increase in the granulation tissue weight ($p < 0.001$) and hydroxyproline content ($p < 0.05$) compared with the control group. The extract-treated animals showed 71% reduction in the wound area when compared with controls. Histological studies of the tissue obtained on day 10 from the extract-treated group showed increased well organized bands of collagen, more fibroblasts and few inflammatory cells when compared with the controls [119].

Plant materials from *Adiantum capillus-veneris*, *Commiphora molmol*, *Aloe vera*, and henna were tested for wound healing. The dried leaves and resins were crumbled into a powder and mixed in equal parts with Vaseline. The mixture was used as an ointment on wounds induced in 60 diabetic and non-diabetic rats. The expression of the Mmp9 gene was decreased significantly ($p < 0.05$) in diabetic rats after 14 d with accelerated healing in comparison to non-diabetic rats treated by herbal mixture ointment [120].

Topical henna extract possessed antibacterial, antifungal, and wound healing activity. Henna also improved wound healing in fissures and cracks in diabetic feet. Topical henna prepared by mixing 1 gr of powdered leaves to 10 ml of distilled water and subsequently applied locally and kept wrapped with a dressing for 4–6 h before washing, provided a long-term barrier against moisture and thus didn't require frequent application [121].

A bioactive gelatin-oxidized starch nanofibers containing *Lawsonia inermis* (henna) was prepared for treatment of second-degree burn wounds. *In vivo* studies showed that the nanofibers loaded with henna accelerated wound closure remarkably with the absence of detrimental suppurative reaction at the site of the burn wound. The immune-histochemical stained wound tissue showed that treatment of the burn wound sites with gelatin-oxidized starch-henna reduced the inflammatory response and macrophage numbers significantly [122].

Wound healing potential of different extracts of *Lawsonia inermis* leaves and lawsone was studied in rat excision and incision wound models. Oral administration and topical application of ethanol extract of henna leaves and lawsone exhibited significant healing response in both wound models. The ethanol extract, as well as lawsone topically, were more effective than their oral uses [123].

The cooling and protecting effects of henna on the prevention of decubitus ulcers were investigated in a randomized clinical trial conducted on 80 patients hospitalized in intensive care units. Patients were randomly allocated into 2 groups of control and intervention. For the intervention group, henna was applied with 15 cm extent on the patients' sacrum. At the end of the study, 1 patient in the intervention group (2.7% male) and 6 patients in the control group (14.29% male, 2.85% female) had developed decubitus ulcers; this difference was significant ($p = .001$) [124].

Abortifacient effect

The abortifacient effect of *Lawsonia inermis* extract was studied in the pregnant mice. 1 and 10 mg/kg bw of the hydroalcoholic extract of *Lawsonia inermis* were injected intraperitoneally into pregnant mice from the first to the seventeenth day of pregnancy. Abortions were observed more often in the *Lawsonia inermis* treated groups ($p < 0.01$) with significantly higher mean of the serum estrogen ($p < 0.01$) and the significantly lower mean of progesterone level ($p < 0.01$) [125].

However, the methanolic extract showed a dose-dependent effect in the induction of abortion in mice, rats and guinea pig [126].

Immunomodulatory effect

The methanolic extract of henna leaves at 1 mg/ml concentration possessed immunomodulatory evidenced by stimulation of T-lymphocyte proliferative responses. Naphthoquinone obtained from leaves also showed significant immunomodulatory effect [127, 128].

Gingivitis healing activity

The effectiveness of *Lawsonia inermis* leaves methanol extracts (62.500, 31.250, and 15.625 µg/ml) in healing gingivitis was studied in Sprague Dawley rats with induced artificial inflammation in the mandibular labial gingiva by 10% H2O2. There was no difference in healing between the three concentrations of *Lawsonia inermis* leaves methanol extract and povidone-iodine, while there were differences among the 3 concentrations. Higher concentration (62.500 µg/ml) can accelerate the inflammatory cells reduction and epithelial connective tissue repair [129]. The effect of *Lawsonia inermis* leaves infusion in gingivitis healing was studied clinically. Sixty-three gingivitis patients were instructed to rinse with 3 concentrations (50000, 10000 and 5000 µg/ml) of *Lawsonia inermis* leaves infusion, 0.1% hexetidine solution, and placebo as control. Bleeding index was decreased in *Lawsonia inermis* leaves infusion at 10000 µg/ml concentration (80%), more than hexetidine 0.1% (76%) [130].

Antiurolithiatic activity

The curative and protective effects of the alcoholic extract of *Lawsonia inermis* bark against ethylene glycol induced urolithiasis and its possible underlying mechanisms were studied in rats.

Methanolic extract of *Lawsonia inermis* (MELI) bark (300 and 500 mg/kg, po) were administered once daily from 15th day to 28th day as curative regimen and from 1st day to 28th day as a preventive regimen. Treatment with the extract significantly restored all elevated parameters including calcium, phosphate and oxalate in urine and kidney homogenate; and creatinine, uric acid and urea nitrogen in serum compared to the control group. The histopathological study of the kidney also supported the biochemical results [131].

The antiurolithiatic activity of hydroethanolic extract of the leaves of *Lawsonia inermis* was studied in ethylene glycol with ammonium chloride model in rats. Hydroethanolic extract showed significant antiurolithiatic activity against calcium oxalate type stone. It modulated the levels of serum urea, urea nitrogen, uric acid, creatinine, kidney weight, urine volume, urine PH, urinary total protein, calcium, phosphorus, and magnesium [132].

Antidiabetic and hypolipidemic effects

The hypoglycemic and hypolipidemic effects of *Lawsonia inermis* hydroalcoholic extract (100, 200 and 400 mg/kg) were studied in alloxan-induced diabetic dyslipidemia in rats. The percentage reduction in blood glucose level of *Lawsonia inermis* hydroalcoholic extract at dose of 400 mg/kg was 39.08% on day 21 compared to baseline, which was comparable to glibenclamide (44.77%) and metformin (46.30%). The hypoglycemic effect of the extract exhibited significant improvement in lipid profile, plasma albumin, total plasma protein and serum creatinine [133].

The antidiabetic effect of methanolic extracts of *Lawsonia inermis* was determined by quantitatively determining the maltose from the maltose standard curve. The methanolic leaves extract of the plant significantly inhibited the enzymatic activity of the amylase at 10 µg/m dose (60.97% compared to untreated, $p < 0.05$) [113].

Ethanol extract of *Lawsonia inermis* leaves (400 mg/kg bw for 21 d) significantly decreased mice blood glucose level in alloxan induced diabetes ($p < 0.001$) compared with control of untreated diabetes [134].

Lawsonia inermis (70% ethanol extract, 0.8 g/kg bw, orally) possessed significant hypoglycaemic and hypolipidaemic activities in alloxan induced diabetic mice. The extract normalizes the concentration of glucose, cholesterol and triglycerides [135].

The effect of 70% ethanol extract of *Lawsonia inermis* leaves on glucose, total cholesterol and triglyceride were studied in alloxan induced diabetes in mice. The results showed that the feeding of 0.8 g/kg bw of the extract decreased the glucose concentration from 194 mg/dl to normal condition after 14 d. The total cholesterol concentration decreased from 148.9 mg/dl to 55.3 mg/dl, while triglyceride concentration decreased from 225.7 mg/dl to 76.9 mg/dl [136].

Antiulcer effects

The antiulcer effects of aqueous, chloroform and ethanol extracts of henna leaves (200 and 400 mg/kg bw) was studied in rats pylorus ligation and aspirin-induced ulcer. In aspirin induced ulcers, the chloroform extract showed significant reduction of ulcers in a dose dependent manner. However, the results showed that aqueous, ethanol and chloroform extract significantly ($p < 0.001$) decreased the volume of gastric acid secretions, free acidity and total acidity and ulcer index [137].

Antidiarrhoeal effects

The ethanol extract of the leaf of *Lawsonia inermis* was examined for anti-diarrhoeal properties using the castor oil induced diarrhea model in mice. The ethanol extract at a dose of 500 mg/kg possessed anti-diarrhoeal activity compared to the control group and offered about 1.398 of the mean latent period for the diarrhoeal episode ($p < 0.002$) [118].

Diuretic activity

The diuretic activity of aqueous and ethanolic extracts (250 and 500 mg/kg, orally) of *Lawsonia inermis* leaves was investigate in rats. Both extracts of leaves showed significant diuresis, ethanolic extract showed more activity than aqueous extract. Urine volume in rats

treated with aqueous extract of *Lawsonia inermis* at low and high doses were 4.6 ml and 6.1 ml respectively, while, urine volume in rats treated with ethanolic extract at low and high dose were 7.3 ml and 9.0 ml respectively. The concentrations of Na⁺, K⁺ and Cl⁻ in rats treated with aqueous extracts at low dose were 113.8, 66.60 and 127.3 mEq/l respectively, and high dose 127.8, 73.60 and 155.6 mEq/l respectively, while, the concentrations of Na⁺, K⁺ and Cl⁻ in rats treated with ethanolic extracts at low dose were 120.5, 71.20 and 147.5 mEq/l respectively, and high dose 136.2, 89.13 and 170.5 mEq/l respectively [138].

Anticancer effects

Lawsonone and juglone inhibited the growth of HCT-15 (human colon cancer cells) by blocking the S-phase of cell cycle. Lawsonone was used as starting compound in the synthesis of many anticancer drugs (atovaquone, lapachol and dichloroallyl lawsonone).

Amino-derivatives of lawsonone and lapachol were found to be cytotoxic against Ehrlich carcinoma and human K562 (leukemia cells). Allyl-amine derivatives of lawsonone and lapachol were found potent cytotoxic with an IC₅₀ values of 23.89 and 16.94 µM respectively. Dichloroallyl lawsonone, an analog of the lapachol, and acivicin inhibited the biosynthesis of nucleotide and showed anticancer activity in experimental tumor models [139-142].

The anticancer effect of total methanolic extract of *Lawsonia inermis* and octreotide was studied in hepatocellular carcinoma induced by nitrosamine in mice. Methanolic extract of *Lawsonia inermis* and octreotide treatment possessed effective chemopreventive action due to their ability to alleviate oxidative stress, desensitizing cellular growth receptor to SST [143].

Quinones (arbutin in the benzoquinone group, juglone and lawsonone in the naphthaquinone group, alizarin, emodin, 1,8-dihydroxy-anthraquinone, and anthraquinone in the anthraquinone group, and xanthone) were studied for their growth inhibitory effect on cultured HCT-15 cells derived from human colon carcinoma. Anthraquinones and naphthaquinones used in these experiments were more effective than the monocyclic quinone.

The 50% suppression dose was less than 12.5 µg/ml for them. Flow cytometric histograms revealed a specific pattern; lawsonone and juglone in the naphthaquinone group and alizarin and 1,8-dihydroxy-anthraquinone in the anthraquinone group blocked mainly the S phase, and emodin in the anthraquinone group blocked the G1 to S phase of the cell cycle [142].

The cytotoxicity of fifteen compounds isolated from the flower of *Lawsonia inermis* was studied against four cancer cell lines (MCF-7, Hela, HCT-116, and HT-29) using MTT assay. The IC₅₀ values of two of them against MCF-7, Hela, HCT-116, and HT-29 were (2.24, 1.42, 24.29, and 7.02 µM) and (6.1, 2.44, 5.58, and 10.21 µM) respectively. They possessed stronger inhibitory activities than the positive control 5-fluorouracil (IC₅₀ = 7.34, 11.50, 36.17, 18.83 µM) against the four tested cell lines [144]. The growth inhibition of various cancer cell lines was achieved to the varying extent when exposed to the water extract of *Lawsonia inermis* leaves. The activity was promising against colon cancer COLO-205 cells (GI₅₀ 121.03 µg/ml) [99].

The anticancer effect of hexane, chloroform and methanolic extracts of henna seeds was studied against colon cancer cell line HTC-116. Chloroform seed extract showed the best cytotoxic effect with an IC₅₀ value of 45 mg/l, while, hexane and methanol extracts possessed low activity (IC₅₀ value > 100 µg/ml) [42].

The anti-cancer efficacy of *Lawsonia inermis* leaves was studied in Ehrlich ascites tumour bearing mice. Administration of 10 mg/kg bw of *Lawsonia inermis* to tumour bearing-mice increased the mean survival period of tumor-bearing mice. *Lawsonia inermis* also caused significant ($p < 0.05$) reduction in the total number of tumor cells. The diameters of the gluteal solid tumor mass were higher on the 12th day in animals given water when compared with the mice receiving *Lawsonia inermis* extract [145, 146].

Henna extracts showed activity against human breast cancer cells (MCF7), MIC for the ethyl acetate extract was (27 mg/l) and petroleum extract was (22 mg/l) [32].

The antitumor effect of ethanol extract of root of *Lawsonia inermis* (180 mg/kg of bw for 15 d) was investigated against Dalton's lymphoma ascites (DLA) bearing mice. Treatment with *Lawsonia inermis* extract improved the liver and kidney function and rearranges more or less normal architecture. The extract also increased the number of the WBC count, platelets, lymphocytes, the pathophysiological marker enzyme and lipid profile and decreased the number of the RBC count, hemoglobin content, monocytes, the enzymic and non enzymic antioxidants [147].

The cytotoxic effect of the extracts of *Lawsonia inermis* was studied against human colon cancer cell lines (Caco-2), liver cancer cell lines (HepG2), hormone-dependent breast cancer cell lines (MCF-7) and hormone-independent breast cancer cell lines (MDA-MB-231) and Chang Liver cell lines using MTT assay. The chloroform extract of henna was active against human colon cancer cell lines (Caco-2) and liver cancer cell lines (HepG2) with an IC₅₀-value of 25.1 and 28 µg/ml, respectively. The cytotoxic mechanism was studied by determining the effect of the extract on the c-myc gene expression. It caused down-regulation of c-myc expression [148].

The effect of extract and essential oil of henna on the apoptotic phenomena was studied in a human liver cancer cell lines, HepG2. Henna induced apoptosis in HepG2 cell lines, many apoptotic bodies, DNA fragmentation and chromatin condensation were observed in the treated groups through the fluorescence microscope and confocal laser scanning microscope [149].

The effect of aqueous extract of *Lawsonia inermis* against the development of cancer was studied in Ehrlich ascites cells in mice. The longest life period and decreasing of total number of cancer cell were detected on the group which was given 10 mg/kg/day *Lawsonia inermis* aqueous extract [145].

The essential oil from the leaves of *Lawsonia inermis* exhibited strong cytotoxicity on HepG2 with an IC₅₀ value of 24µg/ml in MTT test [39].

The anticarcinogenic potential of 200 and 400 mg/kg bw of 80% ethanolic extract of the fresh leaves of *Lawsonia inermis* was studied using benzo (a) pyrene-induced forestomach and 7,12 dimethylbenz (a)anthracene (DMBA)-initiated and croton oil-promoted skin papilloma genesis. The chemopreventive response was measured by the average number of papillomas per mouse (tumor burden) as well as percentage of tumor-bearing animals and tumor multiplicity. There was a significant inhibition of tumor burden in both studied tumor model systems (p<0.01 to p<0.001). Tumor incidence was also reduced by both doses in both the model systems [150].

The inhibitory effect of *Lawsonia inermis* leaf extract and lawsone on the Epstein-Barrvirus early antigen (EBV-EA) activation induced by the tumor promoter 12-O-tetradecanoylphorbol-13-acetate (TPA) was investigated in Raji cells. Both showed a profound inhibition (>88%) of EBV-EA activation. In the *in vivo* two-stage mouse skin carcinogenesis study using UV-B radiation for initiation and TPA for tumor promotion, oral feeding of henna (0.0025%) in drinking water decreased tumor incidence by 66% and multiplicity by 40% compared to the positive control at 10 w of treatment. Orally fed lawsone (0.0025%) decreased tumor incidence by 72% and multiplicity by 50%. The tumor inhibitory trend continued throughout the 20 w test period. Similar antitumor activities were observed when henna (0.5 mg/ml) was applied topically on the back skin in the UV-B initiated, TPA promoted and peroxynitrite initiated, TPA promoted mouse skin, carcinogenesis models. Topically applied lawsone (0.015 mg/ml) also exhibited similar protection against tumor formation in the 7, 12-dimethylbenz (a) anthracene-induced and TPA promoted skin cancer in mice [151].

The methanolic extract of *Lawsonia inermis* possessed significant inhibitory effect toward melanogenesis in B16 melanoma 4A5 cells. Luteolin, quercetin, and (±)-eriodictyol isolated from the methanolic extract, showed stronger inhibitory activity. The methanolic extract, luteoloside and spiraeoside, showed anti-plasmin activity, which was played a key role in UV-stimulated melanogenesis in human skin [152].

Henna extract (20 µg/ml) was screened for *in vitro* photocytotoxic activity by means of a cell viability test using a human leukaemia cell line HL60. *Lawsonia inermis* extract was able to reduce the *in vitro* cell viability by more than 50% when exposed to 9.6J/cm² of a broad spectrum light [153].

Other effects

The ethanolic extract of *Lawsonia inermis* leaves and lawsone possessed an IC₅₀ value of 64.87 and 48.6 µg/ml trypsin inhibitory activity, respectively [154].

Compounds, lawsone, (E)-methyl 3-(4-hydroxyphenyl)acrylate, (E)-ethyl 3-(4-hydroxyphenyl)acrylate, caffeoyl alcohol, 2-hydroxy-1,4-naphthoquinone and 1,4-naphthoquinone isolated from *Lawsonia inermis* were evaluated for inhibition of nitric oxide production in LPS-stimulated product of nitrite in RAW 264.7 cell, they showed IC₅₀ values of 6.12, 16.43, 18.98, 9.30, 9.30 and 14.90 µg/ml, respectively [34].

Side effects and toxicity

The aqueous extract of *Lawsonia inermis* was found to be safe up to 2g/kg bw orally in mice. After 24 h there was no mortality and signs of toxicity [24, 105]. The minimum lethal dose of ethanol-water (1:1) extract of henna was greater than 2 g/kg bw orally in mice [107].

The toxicity of the aqueous root extract of *Lawsonia inermis* (200, 400, 800, 1200 and 1600 mg/kg bw, ip) was investigated in rats. Dizziness, loss of appetite, partial paralysis, temporary amnesia and spontaneous abortion in the pregnant females, were recorded in rats treated with 800-1600 mg/kg bw. Rats received 200-400 mg/kg bw remained active and healthy. No mortality was recorded in all doses. The results indicated delayed toxicity after intraperitoneal administration of the extract at various concentrations [79, 155].

In acute toxicity study, a volume of 0.1 ml of the test substance (approximately 58 mg) was instilled into the conjunctival sac of the right eye of each of 3 New Zealand white rabbits. Transient inflammation of the iris and moderate conjunctival irritation were observed up to a maximum of 48 and 72 h. *Lawsonia inermis* was slightly and transiently irritating to the eyes of New Zealand white rabbits. *Lawsonia inermis* exhibited no potential to induce dermal sensitization in Guinea pigs. On the other hand, no skin findings were observed on the tested skin area of any of the volunteers at any time during the 3 w of the induction phase and at challenge after a one week rest period. However, it was shown that lawsone penetrated through the pigskin *in vitro*. After exposure of 30 min and a follow-up period of 72 h, about 0.28% of the applied dose of lawsone was penetrated and 0.06% remained in the skin. The respective absolute skin penetration rate was 703 ng/cm². In using of radioactive of test substance, the mean percutaneous absorption of the test substance amounted to 0.20% of the administered radioactivity after 72 h, corresponding to an absolute absorption of 1.70 µg/cm². A 13-week oral toxicity study was conducted in rats with a 0.5 % aqueous methylcellulose solution of henna administered once daily by gavage. The treated animals received the test substance corresponding to daily dosage of 40, 200 and 1000 mg/kg bw. No mortality was observed during the study. In the high dose group, animals occasionally presented signs of poor clinical condition: loud breathing, piloerection and ptialism. Brown urine was noted in all males and females, accompanied by a brown tail in some animals. All clinical signs were reversible after 4-weeks recovery period, except for brown-coloured tail. Henna was tested for mutagenicity, it did not induce bacterial (*Salmonella typhimurium* strains TA98, TA100, TA1535, TA1537 and TA1538) and mammalian cell gene mutation. Henna was administered by daily gavage to 100 pregnant female rats on day 6 through 15 of gestation at the dose levels of 40, 200 and 1000 mg/kg/day bw. No clinical signs, no abortions and no mortalities were recorded in any female of any group during the study. A very slight (<10%) but statistically significant decrease of body weight gain and food consumption was observed in the dams receiving 1000 mg/kg/day. Pre and post-implantation loss, fetal body weight and sex-ratio were similar between control and all treated groups. At the external examination,

no treatment-related anomalies or malformations were observed [156].

The toxic effect of aqueous extract of *Lawsonia inermis* seeds was studied in rats. 78.57 mg/kg orally, of the extract for 4 w, caused body weight gain, significant decrease on hematological parameters and potassium concentration, significant increase in the AST, ALP, total protein, albumin and urea concentrations with no histopathological changes. 78.57, 392 and 785.7 mg/kg/day orally for 1 w, increased AST, ALP and total protein concentrations. 785.7 mg/kg/day of the extract increased the ALT activity and decreased potassium concentration. 78.57 and 785.7 mg/kg/day of the extract increased urea and cholesterol concentrations, while 392 and 785.7 mg/kg/day of the extract induced hepatocytic necrosis, dilatation of the renal tubules and desquamation of the intestinal epithelium [157].

The safety of 500 and 1000g/kg dose of *Lawsonia inermis* ethanolic seeds extracts was studied in mice. The acute dose of 500 mg and 1000 mg/kg caused no death in animals after 24 h, and no signs of change in feeding, behavior, diarrhea or loss of fur were observed. WBC, RBC haemoglobin and platelets count were minimally affected. Serum Na, K, creatinine and urea were not deviated from control. Liver enzymes, protein, blood glucose and lipids profile were not affected by chronic administration of henna extract. However a slight but significant elevation in AST was recorded in the high dose group. Post mortem examination showed no signs of toxicity [158].

The teratogenic effects of 10 and 100 mg/kg bw, ip, of 80% ethanol extract of the aerial organs of *Lawsonia inermis* (for 7 d) were studied in mice. Both doses of the extract caused significant decrease in embryos' height and weight in comparison with the control ($p < 0.001$). However, no significant difference was observed between 10 and 100 mg/kg of the extract in embryos' height and weight. Skeletal abnormalities including rib and parietal bone abnormalities, anencephaly and exencephaly of embryos were recorded in both *Lawsonia inermis* treated groups with different frequencies [43].

A case of acute kidney injury was recorded in 34 y old man with G6PD deficiency from Yangon, Myanmar, after ingesting a herbal remedy of boiled henna leaves. He developed hemoglobinuria, and he underwent 5 sessions of hemodialysis. His condition improved within 7 w with full recovery [159].

AUTHORS CONTRIBUTIONS

All the author have contributed equally

CONFLICT OF INTERESTS

Declare none

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